



IQAC Presents

MESTON FLASHES

of

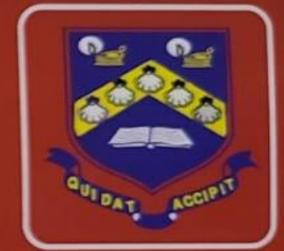
MESTON COLLEGE OF EDUCATION

(Autonomous & Co-education)

Affiliated to Tamil Nadu Teachers Education University, Chennai.

Re-accredited (4th Cycle) at 'A' Grade by NAAC

(Biannual)



Issue No. 46

February 2025 – July 2025

Dear Well-Wishers,

Greetings from Meston!

Lord, you are my God; I will exalt you and praise your name, for in perfect faithfulness you have done wonderful things, things planned long ago. **Isa.25:1**

Meston College of Education, established in 1937 by pioneering missionaries, stands as a hallmark of teacher education in India. Governed by the Meston Education and Development Association, the institution grew out of the historic Wesley College, which was a pioneering Arts College for over seventy years from 1861 to 1933. Today, the college is affiliated to the Tamil Nadu Teachers Education University, recognized by the NCTE, aided by the Government of Tamil Nadu, and reaccredited (4th Cycle) with an 'A' Grade by NAAC. From its inception, Meston College has remained steadfast in its mission to achieve excellence in education through holistic development, incorporating academic excellence, professional competence, social sensitivity, ethical principles and spirituality. Its vision is to foster professional values while developing learning and research skills among students and scholars who are inspired by the ideals of education.

Our college offers B.Ed., M.Ed., and Ph.D. (Full-Time & Part-Time) programmes for both men and women and consistently nurtures teacher trainees through rigorous academics, value-based training and practical exposure. To bridge theory and practice, demonstration classes, internships, model examinations, workshops and continuous assessments were conducted. The Meston Staff Study Circle (MSSC) remains a vibrant platform where faculty share expertise on contemporary pedagogical themes.

Global exposure is provided through initiatives like the International Symposium on Global Trends in Education and Teacher Readiness, by our beloved Alumni and International Educators from Finland, Thailand and Indonesia. They engaged the students through online on educational innovations and inclusive practices. Collaborative research and advanced training were also highlighted through the International Online Faculty Development Programme on social science research. AI in Teaching Workshop in collaboration with IBM was conducted to our staff and students. The 1st year B.Ed students (2024 – 2026 batch) entered into 2nd semester on 17th March, 2025. Periodical meetings of the Board of Studies, the Academic Council, the Internal Admission Committee and the Internal Alumini Committee meetings have been conducted.

Our First-Year M.Ed. students were deputed to reputed educational institutions across Chennai and including our college for their Internship Programme which offered them valuable classroom exposure, helping them connect theory with practice under the mentorship of experienced educators. Examinations have been conducted in the form of CA1, Model Examination and Semester Examination.

As part of the Department Association Programme, our college organized a series of academic sessions, inviting subject experts from esteemed institutions to address our teacher trainees. This annual initiative is a longstanding tradition of Meston in which each department hosts lectures and interactive sessions to deepen students' subject knowledge and connect them with current trends in education. Departmental Association Programmes brought in experts on various fields like Digital Mathematics Education, Neuroplasticity, A.I. in Science Education, Literature and Cultural Heritage. Workshops and Training such as the Digital Transformation in Teaching and Teacher Wellness Programme enhanced Creativity, Digital Competence and Physical well-being.

Extension Services Department of our college conducted various activities like Blood Donation and Health Camp and Arts and Crafts Workshops. Campus Cleaning Drives, Youth Red Cross First Aid and Fire Safety Training and observances of Equality Day, World Day against Child Labour.

The Anti-Drug Club of our college organized a series of impactful activities to spread awareness about the dangers of drug abuse. Clubs and Camps such as Scouts and Guides, Anti-Drug Club, Virtual Tourism, Fine Arts, Health & Fitness and Consumer Club instilled teamwork, social responsibility and leadership.

Observances and Celebrations including National Science Day, International Mother Language Day, International Yoga Day, Women's Day, Hostel Day, Sports Day, Farewell Blessings and College Day provided avenues for creativity, reflection and fellowship.

Educational Tours and school visits enriched experiential learning. The college fosters research excellence, with Ph.D. scholars successfully defending their theses and faculty actively presenting papers in International and National conferences. Add-on courses in Institutional Management, Human Resource Management, Communicative English, Counselling and Psychotherapy and Environmental Education provide value addition to students' professional profile.

The Placement Cell maintains strong ties with reputed schools, ensuring that students step confidently into their professional careers. The Placement Cell of our college has provided a valuable platform for our trainees to step confidently into the professional world of teaching. Well-established schools are regularly invited to interact with our students, assess their teaching potential and offer suitable positions based on their merit and performance. The continued interest shown by renowned institutions reflects the strong academic reputation and professional grooming imparted by our college.

Alumni remain a strong pillar of support, guiding students through talks, guest lectures and financial contributions, while their global presence reflects the college's enduring impact. Through international collaborations, ICT integration and AI-driven pedagogy, the college equips students with the skills to compete with global education standards. Simultaneously, its strong emphasis on Community Service, Ethical Responsibility and Inclusive Education ensures that student teachers are not only competent teachers but also compassionate contributors to society.

In all its endeavors, Meston College of Education continues to nurture the next generation of teachers with integrity, vision and a commitment to transformative education. Every academic programme, cultural celebration, social outreach and global collaboration is a step toward fulfilling its mission and vision. As the college moves forward, it remains dedicated to preparing educators who embody academic brilliance, moral strength, professional competence and a spirit of service and to become true torchbearers of Education Globally.

Dr. N. Vijayan
President

Major. E. S. Daniel Gunanithi I.A.S. (Retd.)
Vice - President

Mr.V.Poul Luther
Secretary

Er. S. Joseph Reginald Isaac
Treasurer

Dr. C. Sherine Vinoca Snehalatha
Principal

SCHOOL VISIT - LITTLE FLOWER CONVENT HIGHER SECONDARY SCHOOL FOR BLIND AND DEAF



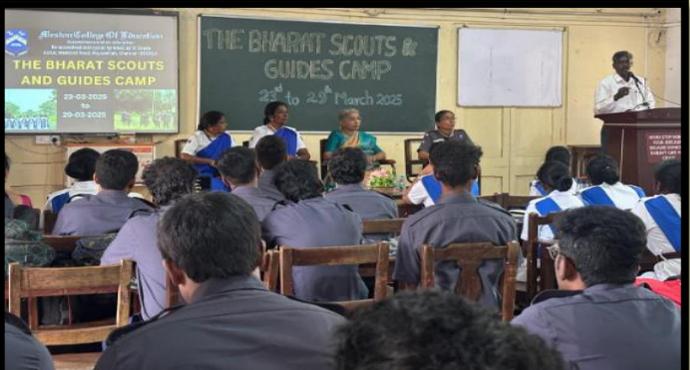
Our 1st year B.Ed. students visited Little Flower Higher Secondary School for the Visually Impaired and Little Flower Higher Secondary School for the Hearing Impaired, Teynampet, Chennai – 600 006 on 16th July, 2025.

SCHOOL VISIT – THE SHRI RAM UNVIERSAL SCHOOL



Our 1st year B.Ed. students visited The Shri Ram Unviersal School, Perambur, Chennai on 26th July, 2025.

BHARAT SCOUTS AND GUIDES CAMP



Bharat Scouts and Guides Camp was held for the First-Year B.Ed. students from 23rd to 29th March, 2025. The camp promoted teamwork, discipline, social responsibility and community service. With engaging outdoor activities and leadership tasks, it proved to be a transformative experience for many.

IQAC ORGANISED INTERNATIONAL SYMPOSIUM



IQAC organised International Symposium on “Global Trends in Education and Teacher Readiness” on 21st March, 2025 for B.Ed. students. The symposium featured distinguished alumni and global educators, including **Mr. Suraj Kannan Pandian**, Master’s Researcher, University of Helsinki, Finland, **Mr. J. Purushothaman**, IB Mathematics Teacher and CAS Coordinator, Thailand and **Dr. B. Mohan Kumar**, A Certified IBDP & Cambridge facilitator, Indonesia. Their insights into international education systems broadened students’ perspectives on teaching across cultures and curricula.

EXTENSION SERVICES DEPARTMENT - ART AND CRAFT WORKSHOP



As part of Experiential Learning, a **Two-day Art and Craft Fecivryl Workshop** was organized on **20th and 21st March, 2025**, for **I Year B.Ed. students**, jointly conducted by **Fecivryl Pidilite Pvt. Ltd.** and the **Extension Services Department** of our college.

PLACEMENT CELL - ORIENTATION ON MONTESSORI TRAINING



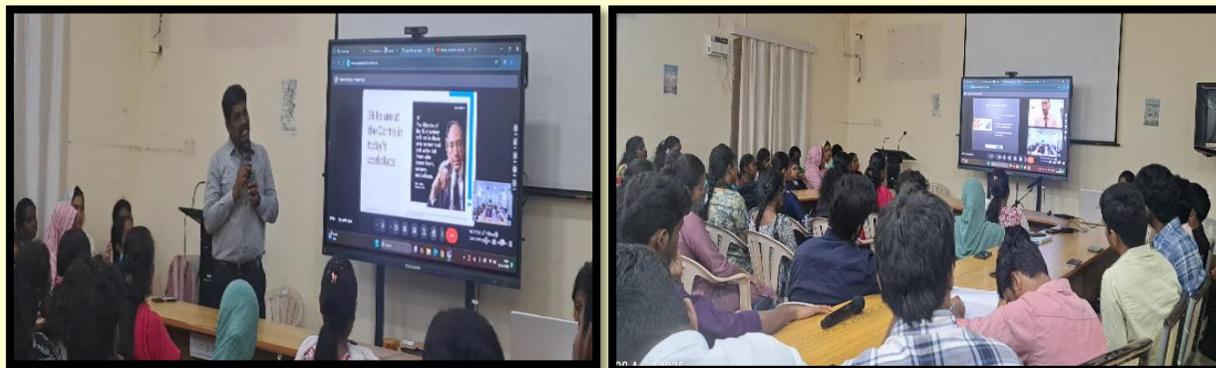
The Placement Cell of our college organized an insightful **Orientation Programme on “Montessori Training”** on **05th April 2025**. The session was facilitated by **Mrs. Rita Ramesh**, Founder & Director of Global Gateway International Montessori Teacher Training Institute, Chennai.

VISIT TO “CHENNAI SCIENCE FESTIVAL-2025”



The students of the Physical Science Department visited the **Chennai Science Festival 2025** on **07th April 2025**, held at the B.M. Birla Planetarium, Chennai. The event was organized by **Science City**, Higher Education Department, Government of Tamil Nadu.

GUEST LECTURE



The Counselling Cell of our college conducted a dynamic **Guest Lecture on “Envisioning the Spectrum of Potentials for Career Growth”** on **08th April, 2025**. The speakers, our accomplished alumni **Dr. A. Dinesh Kumar**, Assistant Professor, Siva Sivani Institute of Management, Hyderabad and **Mr. J. Benzvi Karthar Singh**, English Facilitator at Harvest International School, Ludhiana shared career development strategies, emphasizing the importance of communication, self-awareness and continuous learning in today’s competitive world.



The Internal Quality Assurance Cell (IQAC) hosted an inspiring **Guest Lecture** titled **“Born to Win”** on **04th April, 2025**. Our esteemed alumnus, **Dr. D. Samuel Seelan**, Principal of Delhi Public School, Srinagar, delivered an emotionally resonant talk.

DEMONSTRATION CLASSES

HISTORY DEPARTMENT



Mrs. A. Papathi, BT Assistant, St. Joseph Higher Secondary School, Chennai conducted a demonstration class for History student-teachers on “Ancient Civilization” on **25th July, 2025**.

MATHEMATICS DEPARTMENT



Mrs. Grace, BT Assistant, Wesley Higher Secondary School, conducted a demonstration class on “**Basic Mathematics**” on **23rd July, 2025**.

PHYSICAL SCIENCE DEPARTMENT



Mr. S. Nithish Kumar, Teacher, Emma Foulger Matriculation Higher Secondary School, Royapettah, Chennai gave a demo class on the topic “**Thermal Physics**” on **18th February, 2025**.

ENGLISH DEPARTMENT



Dr. (Mrs.) P. Louis Chandrakala, PGT English, Wesley Higher Secondary School, Chennai-14 presented an English demo class on the topic ‘All the world’s a stage’ on **1st August, 2025**.

TRAINING PROGRAMME ON “AI IN TEACHING”



The **Internal Quality Assurance Cell (IQAC)** of Meston College of Education, in collaboration with **International Business Machines (IBM)**, organized a three-day hands-on training programme on the theme “**AI in Teaching**” from **28th to 30th July 2025**. This enriching workshop was exclusively designed for our B.Ed students and staff, aiming to enhance their understanding of Artificial Intelligence Tools and their practical applications in the classroom. The sessions were facilitated by **Ms. Mahalakshmi**, Technical Trainer from IBM and **Ms. Eswari**, Data Manager, Magic Bus Foundation who engaged the participants with practical demonstrations and interactive modules.

B.Ed. PRACTICAL EXAMINATION



Practical Examination for B.Ed. Second Year (2023 – 2025 Batch) were conducted on **03rd April, 2025**. **Mr. V. Poul Luther**, Secretary, MEDA, wished the students and encouraged the students to do well. **Dr. (Mrs.) Rita Rani Mandal**, Associate Professor of English, Lady Willingdon, Institute of Advanced Study in Education, served as the Convener, **Dr. (Mrs.) P. Caroline Jeba Sorna**, Assistant Professor of Mathematics, Stella Matutina College of Education and **Dr. (Mrs.) R. Sahaya Mary**, Head and Associate Professor of Physical Science, Institute of Advanced Study in Education, Chennai served as the External Examiners.

EDUCATIONAL TOUR TO MYSURU from 18th to 21st March, 2025



St. Philomena's Shrine, Mysuru



Maharaja Palace, Mysuru



Sri Chamarajendra Zoological Garden, Mysuru



Tippu Sultan's Summer Palace, Mysuru



Chamundeshwari Temple, Mysuru



Brindavan Garden, Mysuru





Our II Year B.Ed. students had the opportunity to go for an **Educational Tour to Mysuru** from **18th to 21st March, 2025**. **Tour Thankgiving Prayer** was held on **22nd March, 2025**, graced by **Mr. Murali**, the tour organizer. Students shared their joyful experiences and reflections from the educational tour, adding a personal touch to the gathering. A separate field trip to significant places in Chennai was organized on **19th and 20th March, 2025** for students who were unable to participate in the educational tour.

VISIT TO REGIONAL INSTITUTE OF EDUCATION (RIE)



Our students had the opportunity to visit the **Regional Institute of Education (RIE), Mysore**, as part of their educational tour on **19th March, 2025**.

WOMEN'S DAY CELEBRATION





An **Inter-Collegiate Cultural Competition for Women** was organized in observance of **International Women's Day** on **07th March, 2025**. Students from various Arts, Science and B.Ed. colleges participated enthusiastically in the event. **Mrs. Tanya J Joseph**, English Coach and Entrepreneur, served as the Chief Guest and inspired the gathering with her empowering speech. **Dr. S. Devasahayam Selvakumar**, former Principal and Chief Administrative Officer, MEDA, felicitated the Chief Guest. The Overall Trophy was proudly won by Lady Willingdon Institute of Advanced Study in Education, Chennai. Events like Meme Creation, Face Painting, Jewellery designing, Ship Wreck, Street Play, T- Shirt Painting, Photography, Adzap, Folk Dance and Fashion Walk were conducted.

87th SPORTS DAY





Our 87th Sports Day was conducted on 23rd April, 2025. Mr. V. Jayachandran, Deputy Commissioner of Police, served as the Chief Guest and officially declared the Sports Meet open. Dr. S. Devasahayam Selvakumar, former Principal and Chief Administrative Officer, MEDA was the Guest of Honour

DEPARTMENT ASSOCIATION MEETINGS

DEPARTMENT OF BIOLOGICAL SCIENCE



Dr. Savitha Niren, Associate Professor, Department of Physiology, Chettinad Institute of Medical Sciences (CIMS), Manamai-Nallur, Tamil Nadu gave an exemplary presentation on **“Neuroplasticity”** on **17th March, 2025**.

DEPARTMENT OF ENGLISH



Dr. M.S. Ramamani, Associate Professor at Quaid-E-Millath Government College for Women, Chennai gave an extraordinary talk on **“Luminari”** on **17th March, 2025**.

DEPARTMENT OF HISTORY



Mr. P. Gnanest Ravikumar, social activist, folklorist, and member of the World Tamil Development Research delivered a wonderful lecture on the topic **“Legacy of the Dravidian Civilization: Culture, Continuity and Transformation”** on **17th March, 2025**.

DEPARTMENT OF MATHEMATICS



Dr. T. Bharathi, Co-ordinator and Assistant Professor, Department of Mathematics, Loyola College, Chennai gave an exemplary presentation on **“Digital Mathematics Education”** on **06th March, 2025**.

DEPARTMENT OF PHYSICAL SCIENCE



Dr. J. Prince Joshua, Assistant Professor, Department of Physics, The New College, Chennai delivered a lecture on **“AI in Science Education: Enhancing Learning and Teaching Methods”** on **17th March, 2025**.

Club Activities (First Year)

1. Virtual Tourism Club
2. Anti Drug Club
3. Fine Arts Club
4. Photography Club

(Second Year)

1. Health & Fitness Club
2. Arts & Crafts Club
3. Consumer Club
4. Ek Bharat Shreshtha Bharat Club

MESTON STAFF STUDY CIRCLE (MSSC)



Dr. (Mrs.) G. Jemima, Coordinator, Extension Services Department & Assistant Professor of Mathematics presented a topic “Upskilling Education with Emotional Insight” on **19th February, 2025**.



Dr. (Mrs.) J. Johnsi Priya, Assistant Professor of Education spoke on the topic “**The Psychology of Creativity: Unlocking the Mind’s Potential**” on **13th March, 2025**.



Dr. (Mrs.) J. Beulah Kiruba, Assistant Professor of History presented the topic “**Integrated teacher Education Programme: Opportunities and Challenges**” on **22nd April, 2025**.



Dr. (Mrs.) C. Jeba Evangeline, Assistant Professor of Physical Science delivered the topic “**Recharging Neurotransmitters to empower the Brain**” on **18th June, 2025**.

Congratulations to the office bearers of Parents Teachers Association (PTA) for the academic year 2024-2025

President : Mrs.R. Cowsar Khatoon,
M/O. Ms.K.Shaafiaa Laazmi
(I Year B.Ed. Mathematics)

Vice President : Dr.G.Gnanasekaran,
F/O. Ms. G.A. Kavyashree
(I Year B.Ed. Physical Science)

Treasurer : Mr.M.Yesudoss,
F/O. Mr.Y.J. Samuel Nesakumar
(I Year B.Ed. Physical Science)

**Add on Courses
(First Year)**

1. Institutional Management
2. Human Resource Management
3. Communicative English

(Second Year)

1. Counselling & Psychotherapy
2. Thirukkural Koorum Vizhumangal
3. Environmental Education

MENTOR MENTEE MEETING



Mentor - Mentee meeting was organized for I Year B.Ed. (2023 – 2025 batch) and II Year B.Ed. (2022 – 2024 batch) on 21st February and 22nd March, 2025 providing a platform to support students in their academic, professional and personal growth.

87th COLLEGE DAY





87th College Day was celebrated on **26th April, 2025**. **Mrs. Shahnaz Illyas, I.P.S** was the chief guest and delivered the Chief Guest address. **Dr. N. Vijayan**, President, MEDA, felicitate the gathering. Our Principal **Dr. (Mrs.) C. Sherine Vinoca Snehalatha**, welcomed the gathering and presented the report of the college. The Chief Guest distributed the Prizes and Trophies to the academic toppers. Our students entertained the audience with colourful cultural events.

FAREWELL BLESSING - 2025



Farewell Blessings' Function for II Year B.Ed. students (2023-25 Batch) was organised on **26th April, 2025**. Our Principal, **Dr. (Mrs.) C. Sherine Vinoca Snehalatha** blessed the outgoing students.

GROUP PHOTOS OF 2023 – 2025 BATCH STUDENTS

DEPARTMENT OF BIOLOGICAL SCIENCE



DEPARTMENT OF ENGLISH



DEPARTMENT OF MATHEMATICS



DEPARTMENT OF HISTORY



DEPARTMENT OF PHYSICAL SCIENCE



SUBJECT SECRETARIES



SPORTS SECRETARIES



HOSTEL – & GIRLS



2023 – 2025 BATCH STUDENTS



TEACHING & NON – TEACHING STAFF



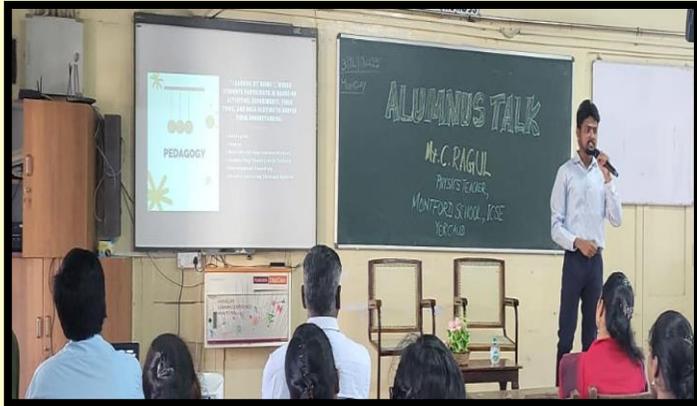
THE PLACEMENT CELL OF OUR COLLEGE ORGANIZED CAMPUS RECRUITING PROGRAMMES FROM 25TH FEBRUARY TO 16TH MARCH, 2025



The Placement Cell of Our College Organized Campus Recruiting Programmes from

1. Sri Chaitanya Techno Schools recruited our student teachers on 25th February, 2025.
2. Rajiv School of Excellence, Porur selected our students on 26th February, 2025.
3. Maharishi Vidya Mandir Senior Secondary School on 27th February, 2025.
4. Sri Krishnasamy Group of Schools, Chennai on 05th March, 2025.
5. Bharathi Matriculation Higher Secondary School, Maduravoyal, Chennai on 14th March 2025.
6. Gill Adarsh Group of Schools, Chennai on 16th March 2025.

ALUMNUS TALK



Our Alumnus **Mr.C.Ragul**, Physics Teacher, Montfort School, (ICSE),Yercaud gave a wonderful talk on **03rd February, 2025** to our student teachers.

STUDENTS SHARING CONFERENCE INSIGHTS



Mr. Aakash(Mathematics Department) and **Mr. Alex(History Department)**, first-year B.Ed. students, actively participated in the two-day International Conference on "Re-Envisioning Higher Education in India" organized by Loyola College, Chennai, on **20th & 21st February, 2025**. They shared their enriching experiences in our morning assembly.

MESTON AND EMMA FOULGER HOSTEL DAY



The **Meston and Emma Foulger Hostel Day** Celebration was held on **06th May 2025**. **Mr. Prem**, Evangelist from New Life Celebration Centre, Chennai, shared the Word of God during the occasion. The event was followed by vibrant cultural activities presented by the hostel residents, making it a spiritually enriching and joyful evening.

NATIONAL SCIENCE DAY



Our college observed **National Science Day** on **24th February, 2025**. The **Department of Biological Science** and **Department of Physical Science** jointly organized a variety of science-themed games and activities. Students spoke about the significance of the day and a documentary video was screened to highlight scientific achievements and innovations.

PARIKSHA PE CHARCHA 2025- LIVE TELECAST



Students witnessed "**Pariksha Pe Charcha 2025**"- live telecast. Prime Minister Mr. Narendra Modi interacted with students on **10th February, 2025**.

YMCA COLLEGE TEAM VISITS MESTON FOR NAAC



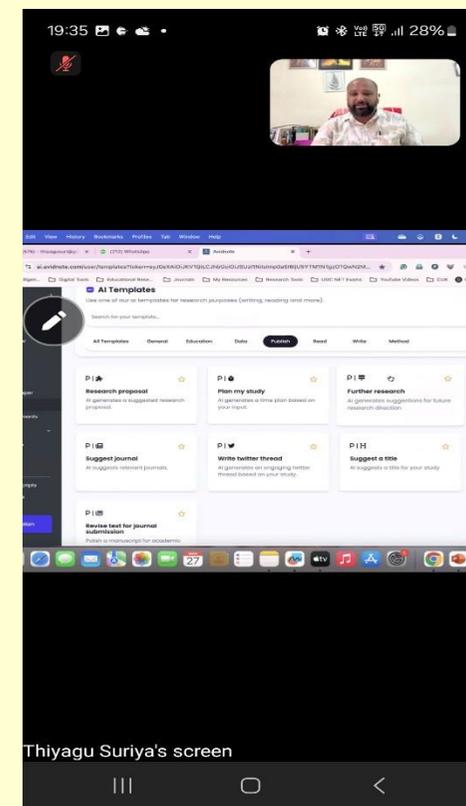
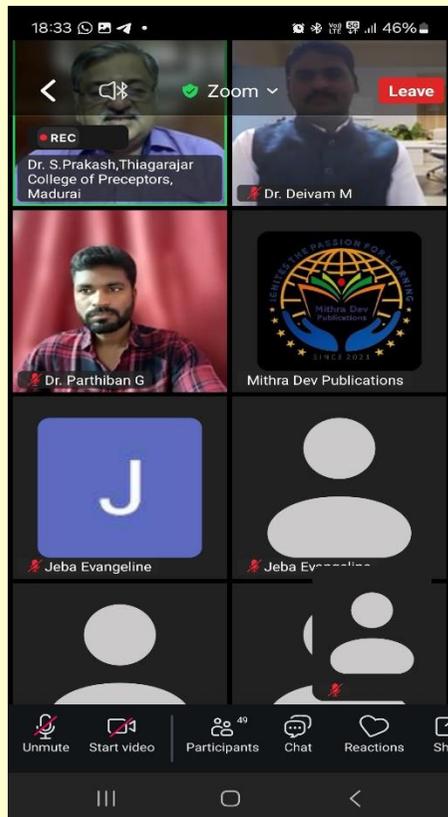
The Principal and senior staff of YMCA College of Physical Education, Nandanam, Chennai, visited our college for a constructive meeting to gain insights into the NAAC accreditation process on **17th February, 2025**.

ORIENTATION PROGRAMME ON FINANCIAL MANAGEMENT



The **Internal Quality Assurance Cell (IQAC)** of our college organized an **Orientation Programme on Financial Management** for all teaching and non-teaching staff on **20th June 2025**. The session was led by **Mr. Ramarajan, Manager of Indian Bank, Clock Tower Branch, Rovapettah**.

INTERNATIONAL ONLINE FACULTY DEVELOPMENT PROGRAMME



Our college co-hosted an **International Online Faculty Development Programme** on “**Empowering Social Science Research through Advanced Tools and Techniques**”, in collaboration with **Mithra Dev Publications, Sivakasi** and the **Centre for Educational Research, Madurai**, and **Thiagarajar College of Preceptors, Madurai** from **23rd to 27th March, 2025**. The keynote address was delivered by **Prof. Asha Nimali Fernando**, Professor, Department of Philosophy and Psychology, University of Sri Jayewardenepura, Sri Lanka, who spoke on Research Ethics in Social Science Research. The five-day programme featured insightful sessions by distinguished experts. On **Day 1**, **Dr. Vanitha C.**, Associate Professor, Department of Teacher Education, Manipur University, presented on the topic “Recent Trends in Qualitative Research”. **Day 2** featured **Dr. Deivam M.**, Assistant Professor, H.N.B. Garhwal University (A Central University), Uttarakhand, who discussed “The Role of Academic Integrity and Publication Ethics in Research Excellence”. On **Day 3**, **Dr. A. Veliappan**, Associate Professor and Head, Department of Education, Manonmaniam Sundaranar University, Tirunelveli, delivered a session on “Sampling Techniques in Research”. **Day 4** included a presentation on “Review of Related Literature in Research: Do’s and Don’ts” by **Dr. A. John Lawrence**, Associate Professor, St. Xavier’s College of Education, Palayamkottai. The FDP concluded on **Day 5** with a compelling session by **Dr. K. Thiyagu**, Associate Professor, Central University of Karnataka, on “Smart Tools for Smart Research Progress”.

ALUMINI ASSOCIATION



The **Alumni Meet 2025** was conducted on **01st May, 2025** in a hybrid mode at our college, bringing together former students from various batches for a memorable reunion. The presence of our esteemed Principal, **Dr. (Mrs.) C. Sherine Vinoca Snehalatha**, and senior faculty members added warmth and significance to the occasion, making it a truly cherished experience for all participants.

WORKSHOP ON 'DIGITAL TRANSFORMATION IN TEACHING'



The **Internal Quality Assurance Cell**, in collaboration with the **Extension Services Department** of our College, organized a **workshop on 'Digital Transformation in Teaching'** for our **1st year B.Ed students**. The session was conducted by **Ms. Mathi Jayakaran Jayaraj**, IT Director at the International Bank on **11th July, 2025**.

PH.D. VIVA VOCE EXAMINATION



Our Mestonian, **Mrs. P. Rekha**, under the guidance of her Research Supervisor, **Dr. (Mrs.) K. Saraladevi**, former Associate Professor of Physical Science, successfully defended her Ph.D. thesis during the Viva Voce Examination held on **04th March 2025**.



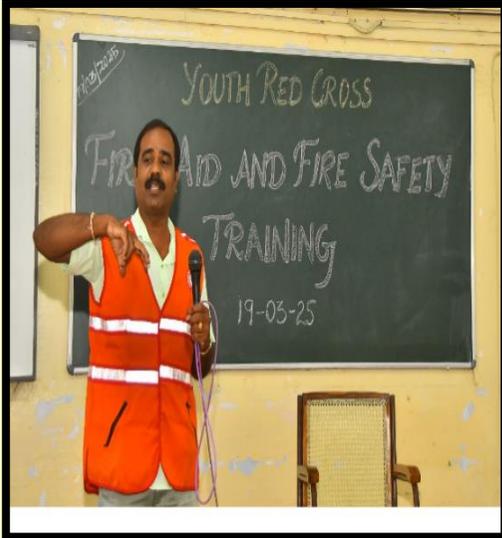
The **Ph.D. Viva Voce Examination** of **Sis. Lidwin Mary**, research scholar under the guidance of our esteemed Principal, **Dr. C. Sherine Vinoca Snehalatha**, was conducted on **31st May 2025**. The examination was graced by **Dr. Judy Grace Andrews**, Principal of **Royal College of Education, Thane, Maharashtra**, who served as the **External Examiner** and offered valuable feedback and commendation for the quality of the research work presented.

INNOVATIVE TEACHING AIDS ON DISPLAY - TRADE FAIR



Our students went to the **Exhibition** which is conducted by the Tourism Department, TamilNadu Government at Island grounds from **20th to 22nd February, 2025**. They showcased their innovative teaching-learning materials for public viewing, demonstrating their creativity and pedagogical skills.

YOUTH RED CROSS - FIRST AID AND FIRE SAFETY TRAINING PROGRAMME



The Youth Red Cross unit of our college took a proactive step toward student safety by organizing a **First Aid and Fire Safety Training Programme** on **19th March, 2025** for First-Year B.Ed. students. The hands-on training equipped our teacher trainees with essential life-saving skills and emergency response techniques, emphasizing preparedness and presence of mind.

EXTENSION SERVICES DEPARTMENT – BLOOD DONATION CAMP





The **Extension Services Department** of our college, in collaboration with the Lions Club of Chennai (Yuva Bharathi), organized a **Blood Donation and Health Camp** on **19th July 2025**. The event was inaugurated by **Ln. Rajesh M. Joshi**, PMJF, First vice District Governor. The camp witnessed the active participation of several dignitaries, office bearers, and prominent members from the Lions Club, including **Ln. E. Arunadevi**, **Ln. KL. Bagavathy**, **Ln. Nirmaladevi**, **Ln. Abi Sankari**, **Ln. Ganesh Kumar**, **Ln. Meenakshi Kumar**, **Ln. M. Muthuvelan** and **Ln. S. Gajendran**. **Dr. G. Jemima**, Coordinator of the Extension Services Department, took the lead in organizing and coordinating the camp effectively.

INTERNATIONAL MOTHER LANGUAGE DAY



International Mother Language Day was observed on **21st February, 2025**. **Dr. D. Arnold Robinson**, Associate Professor of Biological Science administered the oath.

INTERNATIONAL YOGA DAY



Our college observed **International Yoga Day** on **21st June, 2025**, with enthusiasm. Students and staff actively participated in a rejuvenating yoga session that emphasized physical well-being, mental clarity and holistic health which was demonstrated by **Mr. R. Ruban John Thomas**, Physical Education Director.

WORLD DAY AGAINST CHILD LABOUR



Our college observed the **World Day against Child Labour** on **12th June 2025**, reaffirming its commitment to child rights and social justice. An oath pledging to stand against child labour was solemnly administered by **Mr. R. Ruban John Thomas**, Director of Physical Education.

OBSERVATION OF EQUALITY DAY



Equality Day was observed in our college by taking a pledge administered by **Mr. R. Ruban John Thomas**, Director of Physical Education, reaffirming our commitment to equality and social justice on **11th April, 2025**.

ANTI DRUG AWARENESS PLEDGE



Anti Drug Awareness Pledge was administered in our college by **Ms. Shaafiaa Laazmi**, B.Ed. Mathematics Student on **26th June, 2025**.

OUR STAFF AT IIT MADRAS



Dr. (Mrs.) G. Jemima, **Dr. (Mrs.) C. Jeba Evangeline**, **Dr. (Mrs.) A. Jeyantha Mary**, **Mr J. Antoni Santha Seelan** and **Dr. (Mrs.) N. Evelyn Thyamani**, Assistant Professor of Education attended the Faculty Development Programme on Accessible STEM Education in Schools: Lessons from Grassroots organised by The Accessibility Research Centre, IIT Madras & Teaching Learning Centre, IIT Madras from **30th June to 03rd July, 2025**.

ANTI DRUG CLUB



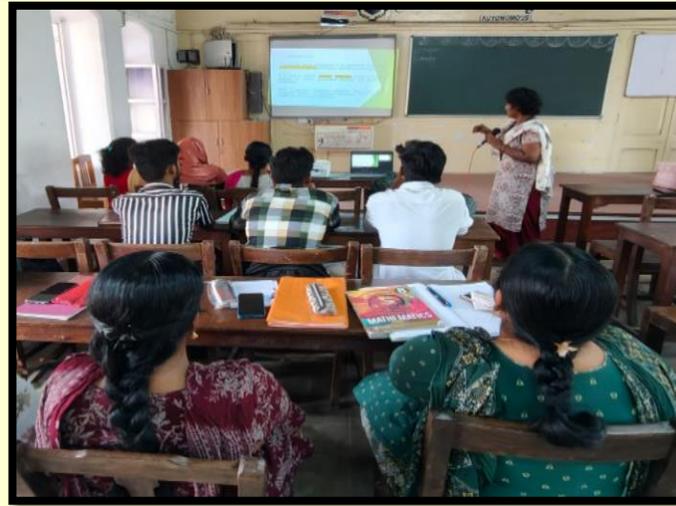
The Anti-Drug Club of our college organized a series of impactful activities to spread awareness about the dangers of drug abuse. Our college solemnly observed the **International Day against Drug Abuse and Illicit Trafficking on 26th June, 2025**. Students showcased a variety of awareness programs to highlight the harmful effects of drug use. A quiz competition on **28th April, 2025** and a video session on **07th May, 2025** to engage students through visual learning. On **18th June, 2025** students showcased their creativity through a poster-making activity, while on **31st July, 2025** an awareness song was performed to convey the message artistically.

FITNESS TRAINING PROGRAMME



The **Internal Quality Assurance Cell (IQAC)** of Meston College of Education, in collaboration with “**Vision India Foundation**”, organized a **Fitness Training Programme** on the theme “**Teacher Wellness**” for prospective teachers on **25th July 2025**. The resource person for the event was **Mr. D. Aravindraj**, an Advanced Fitness Specialist and Body building Coach.

M.Ed. INTERNSHIP



In alignment with the M.Ed. curriculum, our **First-Year M.Ed. students** for **1st semester** were deputed to reputed educational institutions across Chennai for their **Internship Programme** from **29th January to 07th February, 2025**. The internship offered them valuable classroom exposure, helping them connect theory with practice under the mentorship of experienced educators. Our First-Year M.Ed. students for 2nd semester were deputed to our college for their Internship Programme from **14th to 25th Jul 2025**.

INTER-COLLEGIATE SHUTTLE TOURNAMENT 2025



The Department of Physical Education of Meston College of Education successfully organized the **Inter-Collegiate Shuttle Tournament 2025** for Teaching Staff (Men) on **31st July, 2025**. The event witnessed enthusiastic participation from 9 teams representing various institutions, fostering a strong sense of sportsmanship, teamwork and camaraderie among faculty members.

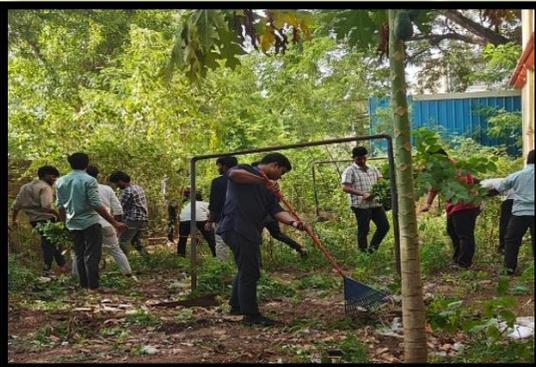
A FOND FAREWELL TO OUR STAFF





Mr. S. Vasudevan, our dedicated Office Assistant, retired on **28th February, 2025** after an illustrious 31 years of service at our college. We honour his unwavering commitment and invaluable contributions to the institution.

COMMUNITY SERVICES ACTIVITY



Our college organized **Community Service Activities** for our B.Ed students on **9th July, 14th July and 18th July, 2025** actively participated in cleaning the campus.

STUDENT PARTICIPATION



Our **First-Year B.Ed. students** actively participated in the **Intercollegiate Cultural Fest 2025** hosted by **Lady Willingdon Institute of Advanced Study in Education, Chennai**, on **20th February 2025**, and brought laurels to the institution by winning multiple prizes across various events. In the **Group Singing competition** themed "*National Integrity*", our talented team comprising **Ms. Aparna A.** (Biological Science), **Ms. Oliviya Edith Paul**, **Mrs. D. Aarthi**, and **Ms. Jaqline Jenifer D** (English), along with **Ms. Jecinth Evlyn J** and **Ms. Adency Paul P.** (Biological Science), clinched the **First Prize** for their harmonious and patriotic performance. In the **Spot Photography** competition themed "*Nature in Lady Willingdon*", **Ms. Florence S.** (Physical Science) showcased her keen eye for beauty and composition and was awarded the **Third Prize**. Our students also excelled in the **Mime performance** on the theme "*Anti-Drug Awareness*", where the expressive team comprising **Mr. Dhevagaran M.**, **Mr. Shah Abdul Hameed A.**, **Mr. Parameshwaran S.**, and **Mr. Dinesh Kumar S.P.** (English), **Mr. Sashmithan A.** (Physical Science), and **Mr. Abilash Sherin P.** (Mathematics), won the **First Prize**. Their performance powerfully conveyed a social message and received much appreciation. The achievements of our students in this cultural fest reflect their creativity, teamwork, and commitment to promoting meaningful themes through art and performance.

- The Internal Complaints Cell of **Loyola College of Education** conducted a **Regional Level Intercollegiate Competition** on “Building Inclusive Communities: Celebrating Gender Diversity”. Our students **Ms. G. Deepika** (History), **Mr. A. Santhosh Kumar** (Mathematics) participated in a Tamil poem competition. **Ms. B. S Reshma Madhini** (Mathematics) participated in a painting competition on **18th March, 2025**.
- **Mr. K. M. Aakash (Mathematics)** and **Mr. A. Alex (History)** participated in the **two-day International Conference** on “Re - Envisioning Higher Education in India: Excellence, Equity & Sustainability” - RHEES '25 organised by **Loyola College, Chennai - 600 034** on **20th and 21st February, 2025**.

STAFF CREDENTIALS

- **Mr. J. Antoni Santha Seelan**, Assistant Professor of Education and **Dr. (Mrs.) J. Johsi Priya**, Assistant Professor of Education presented a paper on “Edutainment for Improving Teacher Engagement and Instructional Skills” during the Two Day International Conference on “Education - 5.0: Enabling Aspects and Trajectories (EAT-5.0)” organised by the Department of Education, Alagappa University, Karaikudi on **06th & 07th February, 2025**.
- **Dr. (Mrs.) C. Jeba Evangeline**, Assistant Professor of Physical Science, presented a paper on the theme "Bridging the gap: Harnessing Artificial Intelligence for Inclusive education" held at Amity University, Uttar Pradesh, Lucknow Campus (Hybrid mode) from **13th to 14th February, 2025**.
- **Dr. (Mrs.) J. Beulah Kiruba**, Assistant Professor of History, attended a Two-Day International Conference on “Re-envisioning Higher Education in India - Excellence, Equity & Sustainability - RHEES '25” organised by Loyola College (Autonomous), Chennai on **20th and 21st February, 2025**.
- **Dr. (Mrs.) C. Sherine Vinoca Snehalatha**, Principal presented a paper titled “Enhancing self-esteem in Teacher Education through Digital Strategies” during the Two Day International Conference on “Educational Reforms in the Era of Artificial Intelligence” organized by Alagappa University, Karaikudi on **06th & 07th March, 2025**.
- **Dr. (Mrs.) C. Sherine Vinoca Snehalatha**, Principal, **Dr. D. Arnold Robinson**, Associate Professor of Biological Science, **Dr. (Mrs.) G. Jemima**, Extension Services Department Co-ordinator and Assistant Professor of Mathematics and **Dr. (Mrs.) J. Beulah Kiruba**, Assistant Professor of History, attended ITEP – Symposium organized by Stella Matutina College of Education, Ashoknagar, Chennai on **06th March, 2025**.
- **Dr. D. Arnold Robinson**, Associate Professor of Biological Science, presented a paper entitled, Teaching Empowerment and Professional Development: Enhancing Efficiency with AI on **07th March, 2025** in the international Conference (through online mode) organized by Alagappa University, Karaikudi.
- **Dr. D. Arnold Robinson**, Associate Professor of Biological Science attended-NEP Draft – Symposium organized by St. Christopher’s College of Education, Chennai on **07th March, 2025**.
- All our staff had actively participated in the International Online Faculty Development Program (FDP) on Empowering Social Science Research through Advanced Tools and Techniques. Organized by Mithra Dev Publications in collaboration with, Centre for Educational Research, Madurai Kamaraj University, Madurai, Thiagarajar College of Preceptors (Aided), Madurai and Meston College of Education (Autonomous), Chennai on **23rd to 27th March, 2025**.
- **Dr. (Mrs.) C. Sherine Vinoca Snehalatha**, Principal presented a paper titled “Socially Smart and Growing Wired Gen Alpha Kids” during the Two Day International Seminar On “Generation Alpha Unplugged: Educating, Empowering and Elevating the Digital Natives” organized by Loyola College of Education, Chennai on **24th & 25th April, 2025**.

- **Dr. (Mrs.) C. Sherine Vinoca Snehalatha**, Principal presented a paper titled “Scrolls and Souls - Drivers of Digital Literacy” during the Two Day National Conference on “Ethical Values Of Techno pedagogy And Changing Paradigms In Teacher Education” organized by Paulsons Teacher Training College, Villupuram on **29th & 30th April, 2025**.
- **Dr. (Mrs.) G. Jemima**, Extension Services Department Co-ordinator and Assistant Professor of Mathematics acted as chief guest for opening ceremony of the inter school lit fest 2025 at The Shri Ram Universal School, Perambur on **25th June, 2025**.
- **Mrs. R. Sophia** presented a paper on 'AI and Machine Learning for Smart Libraries: A Path towards Library 4.0' at the National Conference held at Crescent Institute of Science and Technology, Chennai on **27th & 28th June, 2025**.
- **Dr. D. Arnold Robinson**, Associate Professor of Biological Science presented a Lecture as resource person in the XIX Faculty Induction Programme (FIP) conducted by UGC, Malaviya Mission Teacher Training Centre, University of Madras on **1st July 2025** in the topic “Integrating Bloom’s Taxonomy of objectives of teaching in inspired teaching”.
- **Dr. (Mrs.) G. Jemima**, Extension Services Department Co-ordinator and Assistant Professor of Mathematics, **Dr. (Mrs.) C. Jeba Evangeline**, Assistant Professor of Physical Science, **Dr. (Mrs.) A. Jeyantha Mary**, Assistant Professor of Education, **Mr J. Antoni Santha Seelan**, Assistant Professor of Education and **Dr. (Mrs.) N. Evelyn Thyamani**, Assistant Professor of Education attended the Faculty Development Programme on Accessible STEM Education in Schools: Lessons from Grassroots organised by The Accessibility Research Centre, IIT Madras & Teaching Learning Centre, IIT Madras from **30th June to 03rd July, 2025**.
- **Dr. D. Arnold Robinson**, Associate Professor of Biological Science attended the “Preparation of Teachers’ (POT) Pre Course: Chess Teacher Training Program” organized by the Emmanuel Chess Centre in association with the International Chess Federation (FIDE) and the FIDE Chess in Education Commission held in India on **5th July, 2025** at Anitha Methodist School, Chennai.
- Our faculty members participated and got certificate in a three-day hands-on training programme on the theme “AI in Teaching”, organized by the Internal Quality Assurance Cell (IQAC) of Meston College of Education in collaboration with International Business Machines (IBM) held from **28th to 30th July, 2025**.

EDITORIAL BOARD

Chief Editor: Dr. (Mrs.) C. Sherine Vinoca Snehalatha, Principal

Editors: Dr. (Mrs.) C. Jeba Evangeline, Assistant Professor of Physical Science

Mr. J. Antoni Santha Seelan, Assistant Professor of Education

Kindly send your feedback to:

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