

Dr. (Mrs.) Tenali Swarupa Rani, Member were the panel members of NAAC Peer Team for our college. By God's abundant grace we were able to retain the **Grade A** in the **4th Cycle,** but with a slight increase in the scoring of **3.04 points.**

The Management of our College, Principal and Staff arranged a welcome meeting for Dr. Nagasubramani, Registrar (i/c), Tamil Nadu Teachers Education University, Karapakkam, Chennai on 8th Feb, 2023.

Our Principal Dr. (Mrs.) C. Sherine Vinoca Snehalatha and teaching staff congratulated Dr. D. Arnold Robinson, Assistant Professor of Biological Science for the successful completion of Ph.D. Public viva-voce held at Lady Willington IASE, Triplicane, Chennai on 14th February, 2023.

Dr. P. Eugene Michael, Assistant Professor of Mathematics gave Orientation to our first year B.Ed. teacher trainees on 'the rules to be followed during observation in their respective teaching practice schools' on 18th February, 2023. Our first year B.Ed. students were sent to 16 teaching practice schools for their Observation from 21st to 28th February, 2023.

Demonstration classes had been organized by all the departments of our college from 2nd to 25th March, 2023 by inviting subject experts in different subjects.

B.Ed. (2022 – 2024 Batch) I Semester Model Examination was held from 30th January to 04th February, 2023. B.Ed. (2022 – 2024 Batch) I Semester Examination was held from 13th to 18th February, 2023. B.Ed. (2021 – 2023 Batch) II Year Semester Practical Examination was held on 28th of March, 2023. B.Ed. (2021 – 2023 Batch) I Year Semester Practical Examination was held on 28th of March, 2023. B.Ed. (2021 – 2023 Batch) I Year Semester Practical Examination was held on 28th of March, 2023. B.Ed. (2021 – 2023 Batch) I Year Semester Practical Examination was held on 28th of March, 2023. B.Ed. (2021 – 2023 Batch) I Year Semester Practical Examination was held on 28th of March, 2023. B.Ed. (2021 – 2023 Batch) I Year Semester Practical Examination was held on 28th of March, 2023. B.Ed. (2021 – 2023 Batch) I Year Semester Practical Examination was held on 28th of March, 2023. B.Ed. (2021 – 2023 Batch) IV Semester Theory Examination was held on 18th to 26th April, 2023. B.Ed. (2022 – 2024 Batch) II Semester Model Examination was held from 3rd to 9th June, 2023. B.Ed. (2022 – 2024 Batch) II Semester B.Ed. Examination was held from 18th to 26th June, 2023.

Dr. P. Eugene Michael, Controller of Examinations and Assistant Professor of Mathematics Orientated the first year B.Ed. Students (2022 – 2024 batch) on the topic 'Guidelines in the Preparation of Semester Examinations' on 11th February, 2023.

Orientation on 'e-content preparation' for I year B.Ed. students (2022-2024 batch) was given by Dr. D. Arnold Robinson, Assistant Professor of Biological Science, Mrs. J. Beulah Kiruba, Assistant Professor of History and Dr. (Mrs.) A. Jeyantha Mary, Assistant Professor of Education on 02nd March, 2023.

Orientation Programme on 'Revamping M. Ed Curriculum' organized by Curriculum Development Cell (CDC) for our staff members was given by Dr. D. Arnold Robinson, Assistant Professor of Biological Science was on 5th June, 2023.

Intra Mural Sports Meet was inaugurated by Dr. (Mrs.) C. Sherine Vinoca Snehalatha, Principal on 6th March, 2023. Also she oriented our students on "The significance of exhibiting the real sportsmanship in our lives".

Orientation in the "Preparation of Teaching Learning Material (TLM) Record" was given by Dr. P. Eugene Michael, Assistant Professor of Mathematics to I Year B.Ed. Students (2022 – 2024 batch) on 6th March, 2023.

Orientation on "Facing the Practical Examination Successfully" was given by Dr. P. Eugene Michael, Controller of Examinations and Assistant Professor of Mathematics on 18th March, 2023.

Two Day Orientation Programme on 24th & 25th May, 2023 was handled by Dr. P. Eugene Michael, Assistant Professor of Mathematics on the topic "Analysis and Interpretation of Data" for the completion of Test and Measurement Record to the II Year B.Ed. Students (2022 – 2024 batch).

Two day Certificate Course on 'Modern way of Teaching Technology in Education' was organised by Meston College of Education in collaboration with Dhosth Association was given by Mr. Karthikeyan, Head Master, P V Rao Higher Secondary School for II Year B.Ed. students (2021 - 2023 batch) on 17th and 18th February, 2023.

District Employment and Carrier Guidance Centre, Guindy, Chennai organised Career Awareness programme on "Multi Tasking Staff (MTS) Exam" for our student teachers (2021-2023 batch) on 16th February, 2023.

Mrs. J. Beulah Kiruba explained the activities of Electoral Literacy Club to all our students on 16th February, 2023.

Dr. Sasikala, Assistant Professor of Psychology, University of Madras gave a Guest Lecture on "Handling Expectations and Managing Emotions" for I year B.Ed. students (2022-2024 batch) on 09th May 2023.

Women's Day was celebrated by the Women's cell of our college on 8th March, 2023. Dr. Saritha Damodharan, Radiation Oncologist, Billroth Hospitals (Ltd.), Chennai acted as the chief guest and delivered the chief guest address to our B.Ed. students on the theme "Cancer Awareness".

Counselling Cell of our college organized a special session by **Mr. Jacob Nargunam**, Family and Marriage Counsellor on the theme **"Restructuring Healthy Relationship"** for I year B.Ed. students (2022 – 2024 batch) on **31st May, 2023.**

Meston Staff Study Circle (MSSC) organized Staff Enrichment Program on 10th May, 2023. Dr. K. Thiyagu, Assistant Professor, Department of Education, Central University of Kerala, Kasaragod gave "Hands on Training on Technological advancement" for teaching and non-teaching faculty members.

Curriculum Development Cell (CDC) of our college organized Meston Staff Study Circle (MSSC) for the month of June. Dr. D. Arnold Robinson, Assistant Professor in Biological Science delivered a lecture on the topic "Rubrics in Assessment" on 14th, 2023.

Extension Service Department (ESD) of our college organised a special lecture on the theme "Emotional Intelligence of Teachers" for the school teachers. **Mrs. Thulasi Manogaran**, CEO of Giant Leap, Heal Your Life Teacher (Louise Hay Philosophy), CBT EI & NLP Practitioner, Grief & Student Counselor, Chennai acted as the guest speaker and delivered the lecture on 2nd March, 2023. Two days Arts & Crafts Workshop was organised by Mrs. Kolavizhi and Mrs. Nandhini Gopinath Professional Experts, Fevicryl Pidilite Ltd., Chennai on the 27th & 28th April, 2023 for our B.Ed. students (2022 – 2024 batch). A One Day Workshop was organised by Ms. D. Sangeetha, Dhanalakshmi Srinivasan College of Arts and Science, Mahabalipuram on 10th May, 2023 in the 'Preparation of Teaching Learning Materials' for I year B.Ed. students (2022 – 2024 batch). The 'Paper Art Workshop' was organised by Mr. Rohit Roy, International Artist, School & College Waste Management and Recycling Bhat Camp, Badapur, New Delhi on 17th June, 2023 for our B.Ed. students (2023 – 2025 batch).

All India Educational Tour to Agra, Jaipur and New Delhi was arranged for II year B.Ed. (2021 -2023 batch) from 20th to 28th February, 2023. Sixty Two students and Eight staff members participated in the educational tour. Our students visited Taj Mahal, Agra Fort, City Palace, Jantar – Mantar, Hawa Mahal, Albert Museum, Birla Mandir, Jal Mahal,

Amber Fort, Qutub Minar, Raj Ghat, Indira Gandhi Memorial, Red Fort, Teen Murti Bhavan and India Gate. They also visited **The Good Samaritan School, Jasola Vihar, New Delhi** on **25th February, 2023.** The students who were unable to participate in the All India Educational Tour went for **one day study trip** to Aurobindo Ashram, **Aurobindo International Institute,** New Light House, **French University and Pondicherry University** on **24th February, 2023**. **Mr. Babu**, Proprietor, Sun Tourism gave the response on the students' feedback in the educational tour. Our Secretary **Rev. Fr. Lourdu Samy Susai**, SDB and our Principal **Dr. (Mrs.) C. Sherine Vinoca Snehalatha** shared the words of gratitude to the organisers of the tour committee.

The Shri Ram Universal School, Perambur and Sri Chaitanya Techno School, Mandavelipakkam, Chennai were visited by our I year B.Ed. Students (2022 – 2024 batch) on 14th and 15th March, 2023 respectively.

Mentor - Mentee meeting was organized on 23rd March, 2023 for I Year B.Ed. (2022 – 2024 batch) and II Year B.Ed. (2021 – 2023 batch).

85th Annual Sports Day was celebrated on 01st April, 2023. Dr. Johnson Premkumaar, Principal (i/c) YMCA College of Physical Education, Chennai was the chief guest and declared the sports meet open. He also distributed the Prizes and Trophies to the Winners. Rev. Fr. Lourdusamy Susai, SDB, Secretary, MEDA was the guest of Honour for this special occasion.

85th Annual Day was celebrated on 03rdApril, 2023. Dr. Ravanan, Regional Joint Director, Department of Higher Education, Chennai Region was the chief guest and delivered the Chief Guest address. Rev. Fr. Lourdusamy Susai, SDB, Secretary, MEDA, commenced the celebration with prayer. Our Principal Dr. (Mrs.) C. Sherine Vinoca Snehalatha, welcomed the gathering and presented the report of the college. Dr. N. Vijayan, Ph.D. President, MEDA felicitated the gathering. Er. Jawahar, Former Treasurer, MEDA and Mrs. Sugitha, Dean, MERRC graced the function. The Chief Guest distributed the Prizes and Trophies to the academic toppers. Our students entertained the audience with colourful cultural events. The program came to an end with the vote of thanks by Dr. D. Arnold Robinson, Assistant Professor of Biological Science.

The - 'Farewell Blessings' Function for II Year B.Ed. students (2021-23 Batch) was organised on 15th April, 2023. Our Secretary, Rev. Fr. Lourdusamy Susai, SDB and our Principal, Dr. (Mrs.) C. Sherine Vinoca Snehalatha blessed the outgoing students. Special lunch was served to share the love and gratitude.

"Meston Delights – 23" was celebrated in our College Hostel on 21st April, 2023. Ms. Joy Esther Jebaraj, Union of Evangelical students of India was the chief guest.

Meston Alumni Association Meet (MAA) was conducted in our college on 01st May 2023. Fifty One Alumni (from 1989 to 2023 Batches) were participated in the meet.

The Home Coming Event (Meston Alumni Association Meet of 2021- 2023 batch) was held on Monday, 24th June, 2023. Mestonians gathered and replenished their love with Alma mater and friends. They shared their experience in Meston and their current positions in life career. Rev. Fr. Lourdusamy Susai, Secretary, MEDA gave the presidential Address. Our Principal Dr. Mrs. C. Sherine Vinoca Snehalatha, felicitated the gathering.

As Part of Greenery Initiatives in our College Campus, Greenery Unit of our College received 20 saplings donated by Samsung India Pvt. Ltd., and planted by Rev. Fr. Lourdusamy Susai, SDB, Secretary, MEDA, Dr. (Mrs.) C. Sherine Vinoca Snehalatha, Principal and the Members of the Staff from Samsung India Pvt. Ltd., Express Avenue, Chennai in the Principal's Quarters on 30th May, 2023.

Imparting Greenery Initiatives in our College, New Pot-Plants and Hanging Pots were kept in our College Corridor. New Solarverter (10 KV) was installed for the converting Solar Energy. The Solar Energy which was stored in the batteries was utilized in Main Hall, Office, Principal's Room and Media Centre.

Each department has an Association to provide ample opportunities for our students to excel, not only in academics, but also in co-curricular and extracurricular activities. In order to make our students to have current perspective and realistic information in their respective subjects, **Subject Association Meetings** have been organized. **Mr. Emmanuel F.R.,** Assistant Professor of Mathematics, Loyola College, Nungambakkam, Chennai delivered a lecture on "Living in a Math Life" on **10th March, 2023**. **Dr. V. Porcheziyan**, Assistant Professor of Chemistry, Gurunanak College, Velacherry, Chennai gave an enthusiastic talk on **20th March, 2023**. **Dr. V. Marappan**, Assistant Professor of History, Presidency College, Chennai spoke on the theme "Keezhadi - Tamil Civilization" on **23rd March, 2023**. **Dr. M. Kumar**, Assistant Professor of Botany, Madras Christian College (Autonomous), Chennai gave a talk on "Influence of Teacher and Teaching" on **24th March, 2023**. **Mrs. Nandhini Praveen**, Assistant Professor of English, Dwaraka Doss Goverdhan Doss Vaishnav College, Arumbakkam, Chennai delivered a lecture on "Phoenix" on **25th March, 2023**.

The Placement Cell of our college organized Campus Recruiting Programmes from 13th to 24th March, 2023. Ten renowned and reputed schools participated in the Campus Recruiting Programmes.

Our II year B.Ed. Students (2021 – 2023 batch) visited Meston Educational Rehabilitation and Research Centre (MERRC) in groups on 21st, 28thJanuary, 11thFebruary, 18th and 25th March, 2023. The students were accompanied by Dr. (Mrs.) G. Jemima, Co-ordinator, ESD, Mr. J. Antoni Santha Seelan, Assistant Professor in Education and Dr. (Mrs.) N. Evelyn Thayamani, Assistant Professor in Physical Science.

B. Ed. II year Students (2022 – 2024 batch) visited MERRC on 31st June & 08th July 2023, The students were accompanied by Dr. (Mrs.) G. Jemima, Co-ordinator, ESD,

To inculcate the Dignity of Labour, our Students involved in the "Mass Cleaning Campaign". Our I & II year B.Ed. students cleaned the Meston Hostel premises and the surroundings of Rev. James Cooling Indoor Stadium on 16th and 24th March, 2023 respectively.

Alumnus talk on "My memories at Meston" was given by Mr. Jayaraj (1993 batch) working as PG Asst, Govt. Hr. Sec. School, Kollamkodu, Kanya kumari District on 1st February, 2023 and by Mr. Jason Manuel (B.Ed., Physical Science -2017 -2019 batch) on 10th February, 2023.

Dr. Surya Kumar (Alumnus) who studied B.Ed., M.Ed., and Ph.D. in our institution donated a Green Board on **2nd June, 2023**, which was installed in the Main Hall.

A Workshop on "How to handle gas cylinders?" was organized by Swachh Bharat - Energy Management. Mr. Raja, Proprietor, KTS Agencies demonstrated the energy management techniques to our B.Ed. students on 17th February 2023.

"World Grammar Day" was observed in our college on 4th March, 2023. Ms. R. Rajathi spoke about the significance of the day. Quiz Competition was organized by the English Department.

"World Red Cross Day" was observed in our college on 08th May 2023. Mr. C. Ajith Christy, (B.Ed. History) delivered a speech and Mr. Mouly (B.Ed. Mathematics) conducted a Quiz Competition.

"National Technology Day" was observed in our college on 11th May, 2023. Mr. Mouly (I year Mathematics) conducted a Quiz Competition and Mr. Jeyachandran, (I year Physical science) gave a speech on the theme "Importance of Information Technology in Today's work". In commemoration of National Technology Day a Debate was organised in our college on 29th May, 2023. Mrs. Gomathy, Mr. Kesavarajan and Mr. Jayachandran were the supporters and Ms. Juliet, Ms. Vidhya and Mr. Ajith Christy were the Objectors, in which Dr. P. Eugene Michael, Assistant Professor of Mathematics acted as a moderator.

"International Plastic Bag Free Day" (Say No to Plastic Bags) was observed on 25th May, 2023. Ms. Esha Saratha delivered a speech related to the theme. Dr.P.Eugene Michael, Assistant Professor in Mathematics performed a special song. Our students prepared posters and paper bags related to the theme and exihibited it.

To commemorate the birthday of Florence Nightingale "International Nurses Day" was observed in our college on 12th May, 2023. Our principal Dr. (Mrs.) C. Sherine Vinoca Snehalatha spoke about the significance of this auspicious day.

"World Environment Day" was observed in our college on 5th June, 2023. Dr. D. Arnold Robinson, Assistant Professor of Biological Science delivered a special lecture related to Environment Pollution and Disaster. Dr. P. Eugene Michael performed a special song. Based on the theme "Each One Plant One" our B.Ed. students donated few flowering saplings to our college.

"World Blood Donors Day" was observed in our college on 14th June, 2023. Our Student Ms. Sathya Priya (B.Ed. History) gave speech on 'Importance of Blood Donation' and Mr. Ajith Christy & Ms. Vidhya (B.Ed. History) conducted the quiz competition. Our B.Ed. students accompanied by Mr. R. Ruban John Thomas and donated blood to Indian Red Cross Society, Egmore, Chennai.

"World Population Day" was observed in our college on 11th July, 2023. Our college organised a special debate on the theme "Population is a Pro or Con for development of Nation". Our B.Ed. students Ms. Sathya Priya, Ms. Rajathi and Mr. Annamalai were the Supporters and Mr. Navin, Ms. Rozena Banu and Ms. Saranya were the Objectors, which was adjudged by Dr. P. Eugene Michael, Assistant Professor of Mathematics.

Our I year B.Ed. Students (2022 – 2024 batch) participated in the Inter Collegiate Extempore Competition (Tamil) on the theme "மாபெரும் தமிழ் கனவு" organised by Department of School Education, Government of Tamil Nadu at Ethiraj College for Women, Chennai on 17th March, 2023. Mr. S. Vijay and Ms. Nandhini participated on the extempore competition.

A Talent Show was organized in our college to showcase their talents of the students on 27th May, 2023. Our students performed variety of events in groups.

Our Principal Dr. (Mrs.) C. Sherine Vinoca Snehalatha attended an Interactive Programme with UGC chairman on "Redressal of Grievances of Students" through online mode on 9th May, 2023.

Intellectual Session by various departments was conducted on 7th January (History), 29th April (Physical Science) and 27th May, 2023 (Biological Science).

Our II year B.Ed. students Ms. Rukkumani and Ms. Shalini, secured First Place in the State Level Inter B.Ed. Collegiate Shuttle Badminton Doubles Tournament organized by St. Christopher's College of Education, Vepery, Chennai on 11th February, 2023. Our Principal appreciated the winners and the Physical Director for their tremendous effort on 17th February, 2023.

'Add on courses' on Life Skills Education, Parental Counselling, Communicative English and School Management were being conducted effectively in our college.

Dr. N. Vijayan President Major. E. S. Daniel Gunanithi I.A.S. (Retd.) Vice - President Rev. Fr. Lourdusamy Susai SDB. Secretary Er. S. Joseph Reginald Isaac Treasurer Dr. C. Sherine Vinoca Snehalatha Principal

UGC PROGRAMME - ONLINE



Our Principal Dr. (Mrs.) C. Sherine Vinoca Snehalatha attended an Interactive Programme with UGC chairman on "Redressal of Grievances of Students" through online mode on 9th May, 2023.

HEARTY WELCOME TO OUR REGISTRAR, TNTEU



The Management of our College, Principal and Staff arranged a welcome meeting for **Dr. Nagasubramani**, Registrar (i/c), Tamil Nadu Teachers Education University, Karapakkam, Chennai on **8th Feb, 2023.**

NAAC EXIT MEETING



Exit Meeting of the NAAC PEER TEAM visit was held on 20th July, 2023. The Hob'le Peer Team Member shared their experiences about the visit. Rev. Fr. Lourdusamy Susai SDB, Secretary proposed the vote of thanks.

CAREER AWARENESS



District Employment and Carrier Guidance Centre, Guindy, Chennai organised Career Awareness programme on 'Multi Tasking Staff (MTS) Exam' for our student teachers (2021-2023 batch) on 16th February, 2023.



 Two day Certificate Course on 'Modern way of Teaching Technology in Education' was organised by Meston College of Education in collaboration with Dhosth Association was given by Mr. Karthikeyan, Head Master, P V Rao Higher Secondary School for II Year B.Ed. students (2021 - 2023 batch) on 17th and 18th February, 2023.

OBSERVATION CLASSES

ELECTORAL LITERACY CLUB



Mrs. J. Beulah Kiruba explained the activities of Electoral Literacy Club to all our students on 16th February, 2023.

HONOURING OUR STAFF



Dr. P. Eugene Michael, Assistant Professor of Mathematics gave Orientation to our first year B.Ed. teacher trainees on 'The rules to be followed during observation in their respective teaching practice schools' on 18th February, 2023.



 Our First year B.Ed. students were sent to 16 schools for Observation from 21st to 28th February, 2023.
 Ms. Miracline and Mr. Mouly gave their feedback related to observation done in their respective schools.



Our Principal **Dr. (Mrs.) C. Sherine Vinoca Snehalatha** and teaching staff congratulated **Dr. D. Arnold Robinson**, Assistant Professor of Biological Science for the successful completion of Ph.D. Public viva-voce held at Lady Willington IASE, Triplicane, Chennai on **14th February, 2023.** Our Principal also congratulated **Dr. D. Arnold Robinson** in our College for receiving his Ph.D. degree on **15th February, 2023.**

SWATTCHA ACTION PLAN- ENERGY SAVING AWARENESS PROGRAM



A Workshop on "How to handle gas cylinders?" was organized by Swachh Bharat - Energy Management. Mr. Raja, Proprietor, KTS Agencies demonstrated the energy management techniques to our B.Ed. students on 17th February 2023.

ALUMNUS DONATED BLACK BOARD TO OUR COLLEGE



Dr. Surya Kumar (Alumnus) who studied B.Ed., M.Ed., and Ph.D. in our institution donated a Green Board on **2nd June, 2023**, which was installed in the Main Hall.

ALUMNUS TALK



Alumnus talk on "My memories at Meston" was given by Mr. Jayaraj (1993 batch) working as PG Asst, Govt. Hr. Sec. School, Kollamkodu, Kanya kumari District on 1st February, 2023 and by Mr. Jason Manuel (B.Ed., Physical Science -2017 -2019 batch) on 10th February, 2023.

RED RIBBON CLUB



Our Physical Director Mr. R. Ruban John Thomas and Mr. Sam Abishek, II year B.Ed. student (General Secretary) attended Red Ribbon Club Training programme for Programme Officers & Peer Educators organized by TNTEU, Chennai on 21st February, 2023.

ORIENTATION PROGRAMMES FOR OUR STUDENTS



Dr. P. Eugene Michael, Controller of Examinations and Assistant Professor of Mathematics Orientated the first year B.Ed. Students (2022 – 2024 batch) on the topic 'Guidelines in the Preparation of Semester Examinations' on 11th February, 2023.



Intra Mural Sports Meet was inaugurated by Dr. (Mrs.) C. Sherine Vinoca Snehalatha, Principal on 6th March, 2023. Also she oriented our students on "The significance of exhibiting the real sportsmanship in our lives".

INAUGUATION OF E-STUDIO



Two Day Orientation Programme on 24th & 25th May, 2023 was handled by
Dr. P. Eugene Michael, Assistant Professor of Mathematics on the topic "Analysis and
Interpretation of Data" for the completion of Test and Measurement Record to the II Year B.Ed. Students (2022 – 2024 batch).









Our college e-studio was inaugurated on 28th June 2023. Dr. N. Vijayan, President inaugurated the e-studio. Rev. Fr. Lourdusamy Susai, SDB, Secretary, Er. Joseph Reginald Isaac, Treasurer, Dr. (Mrs.) C. Sherine Vinoca Snehalatha, Principal and our staff members graced the occasion.





CITY PALACE , JAIPUR



ALBERT MUSEUM, JAIPUR



JAL MAHAL , JAIPUR



JANTAR MANTAR, JAIPUR



AMBER PALACE, JAIPUR







QUTAB MINOR

TAJ MAHAL



Education, Pondicherry University

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Mr. Babu, Proprietor, Sun Tourism gave the response on the students' feedback in the educational tour. Our Secretary Rev. Fr. Lourdu Samy Susai, SDB and our Principal Dr. (Mrs.) C. Sherine Vinoca Snehalatha shared the words of gratitude to the organisers of the tour committee.

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DEMONSTRATION CLASSES

BIOLOGICAL SCIENCE DEPARTMENT



Mr. S. Immanuel, PG Assistant (Zoology), Loyala Matriculation Higher Secondary School, SP Nagar New Town, Cheyyur, Chengalpattu gave a demo class on the topic "Mendelin Hybrid Cross & ABO Blood Grouping" on **10th March, 2023**.



Mr. Santhosh Moses, B. T. Assistant, Wesley Higher Secondary School, Royapettah, Chennai gave a demo class on the topic "Colonization" on 14th March, 2023.

HISTORY DEPARTMENT



Mrs. Samundeewari, B. T. Assistant, Wesley Higher Secondary School, Royapettah, Chennai gave a demo class on the topic "Understanding Disaster" on 25th March, 2023.

ENGLISH DEPARTMENT



Mrs. Anita Ruban, Teacher, Madras Christian College Higher Secondary School, Chetpet, Chennai gave a demo class on the topic "Friendship & The first flight" on 20th March, 2023.



Ms. G.G. Sri Suvetha, P.G. Assistant (Physics), General Cariappa Higher Secondary School, Saligramam, Chennai gave a demo class on the topic "Heat and Thermodynamics' on **3rd March**, **2023**.

PHYSICAL SCIENCE DEPARTMENT



Mr. J. Marshal, B.T. Assistant (Science), Wesley Higher Secondary School, Royapettah, Chennai gave a demo class on the topic "Periodic Table" on 13th March, 2023.

Mr. Nirmal Raj, B.T. Assistant (Mathematics), Emma Foulger Matriculation Higher Secondary School, Royapettah, Chennai gave a demo class on the topic "LSA & TSA of cube ad Cuboid' on 02nd March, 2023.

MATHEMATICS DEPARTMENT

Chennai, Tamil Nadu, India

Chennai, Tamil Nadu 600014, India

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747+WMW, Westcott Rd, Indira Garden, Royapettah

Mrs. Debhoral, P.G. Assistant (Mathematics), Wesley Higher Secondary School, Royapettah, Chennai gave a demo class on the topic "Sets and Quadrilateral Family" on 6th March, 2023.

GPS Map Camera

APPRECIATING THE WINNERS



Our II year B.Ed. students Ms. Rukkumani and Ms. Shalini, secured First Place in the State Level Inter B.Ed. Collegiate Shuttle Badminton Doubles Tournament organized by St. Christopher's College of Education, Vepery, Chennai on **11th February, 2023**. Our Principal appreciated the winners and the Physical Director for their tremendous effort on 17th February, 2023.

MASS CLEANING CAMPAIGN



To inculcate the Dignity of Labour, our Students involved in the "Mass Cleaning Campaign". Our I & II year B.Ed. students cleaned the Meston Hostel premises and the surroundings of Rev. James Cooling Indoor Stadium on 16th and 24th March, 2023 respectively.

WOMEN'S DAY CELEBRATION



Women's Day was celebrated by the Women's cell of our college on 8th March, 2023. Dr. Saritha Damodharan, Radiation Oncologist, Billroth Hospitals (Ltd.), Chennai acted as the chief guest and delivered the chief guest address to our B.Ed. students on the theme "Cancer Awareness".

INSTITUTIONAL VISIT



Our students visited Shri. Aurobindo International Centre for Education, Pondicherry and French Institute, Pondicherry on 24th February, 2023.



During the Educational Tour, our students visited **The Good Samaritan School, Jasola** Vihar, New Delhi and interacted with our Alumni's Mr. John Segan Paul (Science teacher) and Mr. Stalin (English teacher) along with the school students on 25th February, 2023.



The Shri Ram Universal School, Perambur and Sri Chaitanya Techno School, Mandavelipakkam, Chennai were visited by our I year B.Ed. Students (2022 – 2024 batch) on 14th and 15th March, 2023 respectively.

SUBJECT ASSOCIATION MEETINGS

DEPARTMENT OF BIOLOGICAL SCIENCE

DEPARTMENT OF ENGLISH



Dr. M. Kumar, Assistant Professor of Botany, Madras Christian College (Autonomous), Chennai gave a talk on "Influence of Teacher and Teaching" on **24**th **March**, **2023**.



Mrs. Nandhini Praveen, Assistant Professor of English, Dwaraka Doss Goverdhan Doss Vaishnav College, Arumbakkam, Chennai delivered a lecture on "Phoenix" on 25th March, 2023.

DEPARTMENT OF HISTORY



Dr. V. Marappan, Assistant Professor of History, Presidency College, Chennai spoke on the theme "Keezhadi - Tamil Civilization" on 23rd March. 2023.

DEPARTMENT OF PHYSICAL SCIENCE





Dr. V. Porcheziyan, Assistant Professor of Chemistry, Gurunanak College, Velacherry, Chennai gave an enthusiastic talk on 20th March, 2023.



Mr. Emmanuel F.R., Assistant Professor of Mathematics, Loyola College, Nungambakkam, Chennai delivered a lecture on "Living in a Math Life" on **10th March, 2023**.

EXTENSION SERVICE DEPARTMENT (ESD)



Mrs. Thulasi Manogaran, CEO of Giant Leap, Heal Your Life Teacher (Louise Hay Philosophy), CBT EI & NLP Practitioner, Grief & Student Counselor, Chennai delivered a lecture on the theme "Emotional Intelligence for Teachers" for the school teacher of Chennai on 2nd March, 2023.

ARTS & CRAFT WORKSHOP



ESD organised the Art and craft workshop for our B.Ed. Students. **Mrs. Kolavizhi** and **Mrs. Nandhini Gopinath**, Professional Experts, Fevicryl Pidilite Ltd. Chennai served as resource person held on **27**th **& 28**th **April, 2023**.

PAPER CUTTING

PREPARATION OF TEACHING LEARNING MATERIALS

PAPER ART



Paper Cutting Activity conducted by Extension Service Department to our 1st & 2nd year B.Ed. students on 16th February, 2023.



ESD organised a Workshop on "Preparation of Teaching Learning Materials" for our B.Ed. Students.
Ms. D. Sangeetha, Dhanalakshmi Srinivasan College of Arts and Science, Mahabalipuram, Chennai served as resource person on 10th May, 2023.





ESD organised a Workshop on "Paper Art" for our B.Ed. Students. Mr. Deepak Roy acted as resource person on **17th June, 2023.**

MENTOR MENTEE MEETING



Mentor - Mentee meeting was organized on 23rd March, 2023 for I Year B.Ed. (2022 – 2024 batch) and II Year B.Ed. (2021 – 2023 batch).

ALUMNI ASSOCIATION MEETING





Meston Alumni Association Meet (MAA) was conducted in our college on 01st May 2023. Fifty One Alumni (from 1989 to 2023 Batches) were participated in the meet.

Congratulations to the office bearers of Parents Teachers Association (PTA) for the academic year 2022-2023

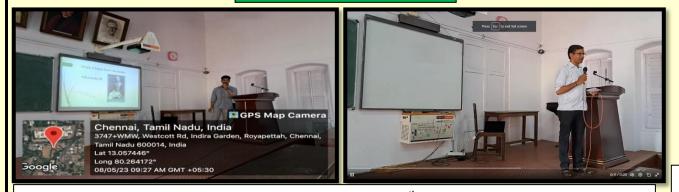
President : Mr. Rajendran F/O. Ms. R. Rajathi (II Year B.Ed. English)

Vice President : Mrs. Hajeera Banu M/O. Ms. A. Neelufur Mariam (II Year B.Ed. Phy. Sc.)

Treasurer : Mrs. Vanitha M/O. Mr. A. Vimal (II Year Phy. Sc.)

CELEBRATION OF SIGNIFICANT DAYS

WORLD RED CROSS DAY



"World Red Cross Day" was observed in our college on **08th May 2023. Mr. C. Ajith Christy**, (B.Ed. History) delivered a speech and **Mr. Mouly** (B.Ed. Mathematics) conducted a Quiz Competition.

To commemorate the birthday of Florence Nightingale **"International Nurses Day"** was observed in our college on 12th May, 2023. Our principal Dr. (Mrs.) C. Sherine Vinoca Snehalatha spoke about the significance of this auspicious day.

A DEBATE ON "TECHNOLOGY IN EDUCATION IS A BOON OR BANE"



In commemoration of National Technology Day a **Debate** was organised in our college on **29th May, 2023. Mrs. Gomathy, Mr. Kesavarajan and Mr. Jayachandran** were the supporters and **Ms. Juliet, Ms. Vidhya and Mr. Ajith Christy** were the Objectors, in which **Dr. P. Eugene Michael**, Assistant Professor of Mathematics acted as a moderator.

NATIONAL TECHNOLOGY DAY



"National Technology Day" was observed in our college on **11th May, 2023**. **Mr. Mouly** (I year Mathematics) conducted a Quiz Competition and **Mr. Jeyachandran**, (I year Physical science) gave a speech on the theme "Importance of Information Technology in Today's

INTERNATIONAL NURSES DAY

INTERNATIONAL PLASTIC BAG FREE DAY



"International Plastic Bag Free Day" (Say No to Plastic Bags) was observed on 25th May, 2023. Ms. Esha Saratha delivered a speech related to the theme. Dr.P.Eugene Michael, Assistant Professor in Mathematics performed a special song. Our students prepared posters and paper bags related to the theme and exihibited it.



"World Environment Day" was observed in our college on 5th June, 2023. Dr. D. Arnold Robinson, Assistant Professor of Biological Science delivered a special lecture related to Environment Pollution and Disaster. Dr. P. Eugene Michael performed a special song. Based on the theme "Each One Plant One" our B.Ed. students donated few flowering saplings to our college.



"World Blood Donors Day" was observed in our college on 14th June, 2023. Our Student Ms. Sathya Priya (B.Ed. History) gave speech on 'Importance of Blood Donation' and Mr. Ajith Christy & Ms. Vidhya (B.Ed. History) conducted the quiz competition. Our B.Ed. students accompanied by Mr. R. Ruban John Thomas and donated blood to Indian Red Cross Society, Egmore, Chennai.

WORLD POPULATION DAY



 "World Population Day" was observed in our college on 11th July, 2023. Our college organised a special debate on the theme "Population is a Pro or Con for development of Nation". Our B.Ed. students
 Ms. Sathya Priya, Ms. Rajathi and Mr. Annamalai were the Supporters and Mr. Navin, Ms. Rozena Banu and Ms. Saranya were the Objectors, which was adjudged by Dr. P. Eugene Michael, Assistant Professor of Mathematics.

Club Activities (First Year)

- 1. Nature Club
- 2. Electronic Club
- 3. Fine Arts Club
- 4. Work Experience Club

(Second Year)

- 1. Health & Physical Education Club
- 2. Arts & Craft Club
- 3. Consumer Club
- 4. Literary Club





85th Annual Day was celebrated on 03rd April, 2023. Dr. Ravanan, Regional Joint Director, Department of Higher Education, Chennai Region was the chief guest and delivered the Chief Guest address. Rev. Fr. Lourdusamy Susai, SDB, Secretary, MEDA, commenced the celebration with prayer. Our Principal
 Dr. (Mrs.) C. Sherine Vinoca Snehalatha, welcomed the gathering and presented the report of the college. Dr. N. Vijayan, Ph.D. President, MEDA felicitated the gathering. Er. Jawahar, Former Treasurer, MEDA and Mrs. Sugitha, Dean, MERRC graced the function. The Chief Guest distributed the Prizes and Trophies to the academic toppers. Our students entertained the audience with colourful cultural events. The program came to an end with the vote of thanks by Dr. D. Arnold Robinson, Assistant Professor of Biological Science.

INTELLECTUAL SESSION **DEPARTMENT OF ENGLISH DEPARTMENT OF BIOLOGICAL SCIENCE** HINTS DEVELOPMENT Chennai, Tamil Nadu, India Tamil Nadu, India 3747+WMW, Westcott Rd, Indira Garden, Royapettah 3747+WMW, Westcott Rd, Indira Garden, Royapettal Chennai, Tamil Nadu 600014, India Chennai, Tamil Nadu 600014, India Lat 13.057411° Lat 13.057411 Long 80.264201 Long 80.264201° Google 27/05/23 09:11 AM GMT +05:30 27/05/23 09:32 AM GMT +05:30 "National Grammar Day" was observed in our college on 4th March, 2023. Mr. Augustin and Ms. Florence, B.Ed. (Biological Science) conducted a Quiz Ms. R. Rajathi spoke about the significance of the day. A Quiz Competition was Competition related to biology for our B.Ed. students on **27th May, 2023.** conducted by Ms. Heena and Ms. Ebi. **DEPARTMENT OF HISTORY** DEPARTMENT OF PHYSICAL SCIENCE GPS Map Cam GPS Map Camer Chennai, Tamil Nadu, India Chennai, Tamil Nadu, India 3747+WMW, Westcott Rd, Indira Garden, Royapettah, 3747+WMW, Westcott Rd, Indira Garden, Royapettah, Chen Chennai, Tamil Nadu 600014, India famil Nadu 600014, India at 13.057375° 1 at 13 057462° Long 80.264211° Long 80.264193° 07/01/23 09:16 AM GMT +05:30 29/04/23 09:20 AM GMT +05:30 100 Mr. Rajesh, and Mr. Ajith Christy B.Ed. (History) conducted a Quiz Competition Mr. Kesavarajan, Mr. Benil and Ms. Juliet B.Ed. (Physical Science) conducted a Quiz related to history for our B.Ed. students on 7th January, 2023. Competition related to Physical Science for our B.Ed. students on **29th April, 2023.**

STAFF ENRICHMENT PROGRAM



Meston Staff Study Circle (MSSC) organized Staff Enrichment Program on 10th May, 2023. Dr. K. Thiyagu, Assistant Professor, Department of Education, Central University of Kerala, Kasaragod gave "Hands on Training on Technological advancement" for teaching and non-teaching faculty members.

COUNSELLING CELL



Counselling Cell of our college organized a special session by Mr. Jacob Nargunam, Family and Marriage Counsellor on the theme "Restructuring Healthy Relationship" for I year B.Ed. students (2022 – 2024 batch) on **31st May, 2023.**

HOME COMING PROGRAMME

The Home Coming Event (Meston Alumni Association Meet of 2021- 2023 batch) was held on Monday, **24th June, 2023**. Mestonians gathered and replenished their love with Alma mater and friends. They shared their experience in Meston and their current positions in life career. Rev. Fr. Lourdusamy Susai, Secretary, MEDA gave the presidential Address. Our Principal Dr. Mrs. C. Sherine Vinoca Snehalatha, felicitated the gathering.

GUEST LECTURE



Dr. Sasikala, Assistant Professor of Psychology, University of Madras gave a Guest Lecture on "Handling Expectations and Managing Emotions" for I year B.Ed. students (2022-2024 batch) on **09th May 2023.**

MESTON STAFF STUDY CIRCLE (MSSC)



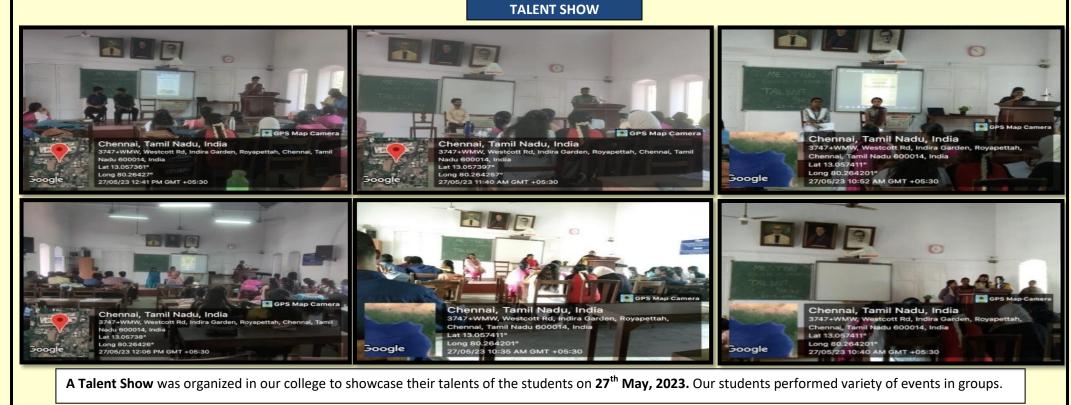
Curriculum Development Cell (CDC) of our college organized Meston Staff Study Circle (MSSC) for the month of June. Dr. D. Arnold Robinson, Assistant Professor in Biological Science delivered a lecture on the topic "Rubrics in Assessment" on 14th, 2023.







Our I year B.Ed. Students (2022 – 2024 batch) participated in the Inter Collegiate Extempore Competition (Tamil) on the theme "மாபெரும் தமிழ் கனவு" organised by Department of School Education, Government of Tamil Nadu at Ethiraj College for Women, Chennai on 17th March, 2023. Mr. S. Vijay and Ms. Nandhini participated on the extempore competition.



B.ED. PRACTICAL EXAMINATIONS











The - 'Farewell Blessings' Function for II Year B.Ed. students (2021-23 Batch) was organised on 15th April, 2023. Our Secretary, Rev. Fr. Lourdusamy Susai, SDB and our Principal, Dr. (Mrs.) C. Sherine Vinoca Snehalatha blessed the outgoing students. Special lunch was served to share the love and gratitude.





THE PLACEMENT CELL OF OUR COLLEGE ORGANIZED CAMPUS RECRUITING PROGRAMMES FROM 13TH TO 24TH MARCH, 2023.



















TEN RENOWNED AND REPUTED SCHOOLS PARTICIPATED IN THE CAMPUS RECRUITING PROGRAMMES.

- 1. Sri Chaitanya Techno Schools, Chennai on 13th March, 2023.
- 2. JRK Matriculation Higher Secondary Schools, Vadapalani, Chennai on 13th March, 2023.
- 3. Velammal Nexus School, Mogapair East, Chennai on 14th March, 2023.
- 4. Dhanish Matriculation Higher Secondary School, Ayanavaram, Chennai on 14th March, 2023.
- 5. Zion Group of Schools, Selaiyur, Chennai on 15th March, 2023.
- 6. AKT Group of Institutions, Kallakurichi on 15th March, 2023.
- 7. Sri Krishnaswamy Group of Schools, Chennai on 16th March, 2023.
- 8. Velankanni Matriculation Silver Jubilee Higher Secondary School, Madipakkam, Chennai on 16th March, 2023.
- 9. T.A.R'S School, Anaparthi, Andhra Pradesh on 17th March, 2023.
- 10. Orchid International School on 24th March, 2023 (online mode)

NAAC PEAR TEAM VISIT



The NAAC Peer Team visited our college on 19th & 20th July, 2023. Dr. Ramesh Chandra G Kothari, Chairperson, NAAC, Dr. Dhaneswar Harichandran, Member Coordinator and Dr. (Mrs.) Tenali Swarupa Rani, Member were the panel members of NAAC Peer Team for our college. By God's abundant grace we were able to retain the Grade A in the 4th Cycle, but with a slight increase in the scoring of 3.04 points.



During NAAC Peer Team Visit on 19th & 20th July, 2023. The visited all the departments and laboratories of our college. They also visited St. Bede's Anglo Indian Higher Secondary School, Santhome, Chennai, one of our teaching practice school. Our showcase the talents of our students performed multicultural events. The NAAC Peer Team also visited Meston Educational Rehabilitation and Research Centre (MERRC) Muttukadu, Chennai, our special school for differentially abled children.

GREEN INITIATIVES IN OUR COLLEGE



As Part of Greenery Initiatives in our College Campus, Greenery Unit of our College received 20 saplings donated by Samsung India Pvt. Ltd., and planted by Rev. Fr. Lourdusamy Susai, SDB, Secretary, MEDA, Dr. (Mrs.) C. Sherine Vinoca Snehalatha, Principal and the Members of the Staff from Samsung India Pvt. Ltd., Express Avenue, Chennai in the Principal's Quarters on 30th May, 2023.



Imparting Greenery Initiatives in our College, New Pot-Plants and Hanging Pots were kept in our College Corridor. New Solarverter (10 KV) was installed for the converting Solar Energy. The Solar Energy which was stored in the batteries was utilized in Main Hall, Office, Principal's Room and Media Centre.

STUDENT PARTICIPATION

- Ms. Shajeela Shamreen (English) II year participated in the Essay-writing Competition and Ms. Leo Jelanci. R (English) II year participated in the Dance Competition Centennial Blaze State Cultural Meet organized by St. Christopher's College of Education held on 11th February, 2023.
- Our First Year B.Ed. Students participated in the Tamil traditional and cultural Seminar "Maaperum Tamizh Kanavu" held at Ethiraj College on 17th March, 2023. Mrs. Nandhini (First Year-English) and Mr. P. Vijay (Second Year-Mathematics) participated in the speech Competition.
- Our first year students, Mr. Jayachandran and Mrs. Keerthi participated in the Inauguration Programme of the Elocution Competition-2023 organized by Tamil Nadu State Minority Commission at The New College, Chennai-14 on 1st March, 2023 and Elocution Competition-2023 held on 11th April, 2023.

AWARDS RECEIVED

- Dr. (Mrs.) J. Johnsi Priya, Assistant Professor of Education had received "Dr. A P J Abdul Kalam International Award 2023" for her contribution towards Educational Upliftment, Extraordinary service, Social Service, Students Welfare, Extension and Extra Curricular Activities and Department work during an International Multidisciplinary Conference at Pattaya, Thailand held on 04th April, 2023.
- Dr. (Mrs.) A. Jeyantha Mary, Assistant Professor of Education had received Dr. A P J Abdul Kalam Lifetime Achievement National Award for her distinguished contribution to the development of the Nation and achieving outstanding excellence in the field of Teaching, Research and Publications on 06th May 2023.
- Dr. (Mrs.) A. Jeyantha Mary, Assistant Professor of Education had received the approval from the University for Ph.D. guideship.

STAFF CREDENTIALS

- Mrs. J. Beulah Kirubah, Assistant Professor of History presented a paper in the International Conference on theme "Legitimize students of Digital Era through research, skill oriented value based education with effective extension strategies at GRT College of Education on 24th & 25th February, 2023.
- Dr. D. Arnold Robinson, Assistant Professor of Biological Science acted as a resource person and provided training on "Class room management and Curriculum Management to the teachers" during an in-service training conducted by AVNL Institute of Learning Avadi, Chennai (Unit under Ministry of Defense, Government of India) on 17th May, 2023.
- Dr. J. Johnsi Priya, Assistant Professor of Education acted as a resource person on the topics "Continuous and Comprehensive Evaluation & Guidance and Counselling and Engaging all the children in learning and creativity" for the teachers during an in-service training conducted by AVNL Institute of Learning, Avadi, Chennai (Unit under Ministry of Defense, Government of India) on 22nd and 24th May, 2023 respectively.
- Mr. J. Antoni Santha Seelan, Assistant Professor of Education acted as a resource person on the topic "Meeting Emotional Needs of the Students" for the teachers during an in-service training conducted by AVNL Institute of Learning, Avadi, Chennai (Unit under Ministry of Defense, Government of India) on 22nd May, 2023.
- Mr. J. Antoni Santha Seelan and Dr. J. Johnsi Priya, Assistant Professor's of Education presented the research paper on the title "NEP 2020: Suggestions to close the Achievement Gap" in the ICSSR sponsored Two Day National Seminar on "Vision of Free India: A Transforming Role of NEP 2020" organized by KCC Institute of Legal & Higher Education, Greater Noida on 26th & 27th May, 2023 through Online.
- Our faculties, Dr. D. Arnold Robinson, Dr. G. Jemima, Dr. J. Johnsi Priya, Dr. C. Jeba Evangeline, Dr. A. Jeyantha Mary, Mr. J. Antoni Santha Seelan and Dr. N. Evelyn Thayamani served as Examiners of B.Ed. Theory examinations conducted by Tamil Nadu Teachers Education University, Chennai at CSI New Bigin College of Education, Chennai from 22nd to 27th May, 2023.
- Dr.(Mrs.) C. Jeba Evangeline, Dr.(Mrs.) A. Jeyantha Mary and Dr.(Mrs.) N. Evelyn Thayamani attended a Faculty Development Programme "Education 4.0" from 01st to 07th June, 2023 organised by Teaching learning Centre, Ramanujan College, University of Delhi, under the Ministry of Education sponsored Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) scheme.

EDITORIAL BOARD

Chief Editor: Dr. (Mrs.) C. SherineVinocaSnehalatha, Principal Editor: Dr.(Mrs.) C. Jeba Evangeline, Assistant Professor of Physical Science Mr. J. Antoni Santha Seelan, Assistant Professor of Education

Kindly send your feedback to:

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