



A Half Yearly Publication of IQAC of Meston College of Education, Chennai – 600 014.

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July 2017 – December 2017

MESTON FLASHES

Dear Well Wishers,

Greetings from Meston!

Thanks a million to the Holy God Almighty for strengthening us to begin the academic year 2017-2018 with the prayer by Rev. Dr. Augustine Asir, Executive Director, Word for the World, Chennai on Wednesday 2nd August, 2017.

The 2nd year B.Ed. Students took up their Practice Teaching in five schools from 3rd August, 2017 to 22nd November, 2017. Orientation and Bridge Course was scheduled for the 1st year B.Ed. Students for a period of 3 days (4th, 5th and 7th August, 2017) to familiarise the students-teachers with the college system and communication skills.

71st Independence day was celebrated in our College. Dr. (Mrs.) Doreen Gnanam, Associate Professor in E.M.H. hoisted the National Flag and special patriotic programmes were given by the student teachers.

As part of the research work, our Post graduate students of the II year M.Ed. programme went for data collection from 23rd August, 2017 to 2nd September, 2017.

To get tuned with teaching, mini-teaching Practice was in vogue from 28th August, 2017 to 8th September, 2017. Students viewed their teaching (videographed) and feedback was given based on their performance.

Teacher's day celebration was held on 5th September, 2017, the birth Anniversary of our former president of India, Dr. Sarvapalli Radhakrishnan. Our Students exhibited their talents as a mark of tribute to the contribution made by teachers to the society.

Our College Fellowship was inaugurated on Wednesday, 6th September, 2017 at 3.00 pm. The members of the management, The President, Major E.S. Daniel Gunanithi, I.A.S. (Retd.), Secretary, Rev. Fr. Lourdusamy Susai and Dean, Dr. N. Vijayan joined hands together to bless the leaders. The Oath was administered by our Dean, Dr. N. Vijayan who delivered the Inaugural address as well.

Citizenship Training Camp was held from 24th September, 2017 to 28th September, 2017 to execute the fundamental requirements of the B.Ed. Curriculum. Dr. S. Vajravelu, Former Principal, Lakshmi Ammal College of Education, Chengalpet – 603001 was the chief guest for the Inauguration of the camp and delivered the inaugural address. Guest Lectures on 'Joyful learning' by Mr. T. Baskar, Soft Skill Trainer, Indira Consultant, Chennai – 19; 'Gender Sensitivity' by Ms. Shyamala, Counselling Psychologist & Freelance

Trainer, Chennai – 5; ‘Analysis of Social Media’ by Dr. Devaneyan, Director, Thozhamai Solidarity for Rights, Chennai-20; ‘Roof top gardening & solid waste management’ by Mr. Indrakumar, President of Home Exnora, Exnora Green Pammal, Chennai - 75; ‘First Aid’ by Mr. N. Subramanian, Lecturer in First Aid, St. John’s Ambulance Association, Chennai -94; ‘Unavae Marunthu’ by Dr. Manikandan, M.D.(Siddha), Medical Officer, Central Government Health Scheme, Chennai -78; ‘Legal Awareness’ by Mrs. Revathi Damodharan, Advocate and Commissioner of oaths, Chennai-1 were delivered during the camp. Dr.(Mrs.) Joseph Catherine, Principal, Stella Matutina College of Education, Chennai-83 was the guest for valediction and delivered the valedictory address. Dr. (Mrs.) Doreen Gnanam, Associate Professor in E.M .H. was the Guest for the camp fire.

Our M.Ed. II year students underwent their School Internship from 9th October, 2017 to 21st October, 2017, as a segment of their M.Ed. Education Programme.

A talk on ‘Awareness on bursting crackers’ was delivered by Mr. I. Gnanasuderson , Assistant Professor of History on 16.10.2017.

The surrounding of the Indoor Sports facilities building was embellished by the students of Nature Club by planting 20 ornamental plants, as a token of preserving nature on 18th November, 2017.

Women’s Cell of our college organised a lecture on ‘Pungal-Andrum, Indrum’ by Dr. (Mrs.) Lilly Thiyanamani Stuart, Former Principal, Nazareth College of Education for women, Avadi, Chennai-62 on Friday 24th November, 2017.

Parent Teacher Association meeting was conducted on 18th November, 2017. New office bearers were elected for the academic year 2017-2018.

Founder’s day was observed on 7th December, 2017. Dr. Gideon Ganesh, Visiting Professor, Department of English, Prof. Dhanapalan College of Arts and Science, Chennai – 603103 shared the God’s word in the thanksgiving service in the presence of Major E.S. Daniel Gunanithi, I.A.S. (Retd.), President, MEDA and Rev. Fr. Lourdusamy Susai, SDB, Secretary, MEDA

The Extension Services Department of our college organised a lecture on ‘ வினா உரு தயாரித்தல் ’ for the middle school Tamil teachers on 25th July, 2017 by Dr. P. Rathinasabapathy, Former Professor, IASE, Saidapet and Counsellor, TIERA, Chennai. Dr. Solomon Arulraj David, Associate Professor, Faculty of Education, The British University in Dubai, Dubai delivered a lecture on ‘Integrating 21st Century skills in teaching’ on 3rd August, 2017. A one day seminar was organised for the high school and higher secondary school science teachers on 28th November, 2017 in which Mrs. Stella Pauline Punitha, Principal, The Schram Academy, Chennai delivered a lecture on ‘Innovative Strategies in teaching Physics’. Dr. M. Mohammed Ilyas, MD & DPM, Psychiatrist, Government Stanley Medical College and Hospital, Chennai delivered a lecture on ‘Anxiety at Workplace’ on 13.12.2017 for our B.Ed. and M.Ed. Students.

Guest lecture was organised on the topic ‘How to be an effective teacher?’ by Mr. J. Yohan, Hon’ble Member, IQAC of our college on 18th November, 2017. Prof. Ashtosh Biswal, Professor, Department of Education, The Maharaja Sayajirao University of Baroda, Gujarat – 390002 delivered a lecture on ‘Development of thinking ’ on 8th December, 2017.

Christmas Celebration by Meston Education and Development Association was on 15th December, 2017. The Christmas message was shared by Rev. Dr. A. Athiyayaraj & Bishop Dr. A. Nithiyaraj, Jesus Comforts You ministries, Chennai.

The Revision Examinations for the semesters I and III were conducted from 27th November, 2017 to 5th December, 2017.

First and Third Semester Examinations for B.Ed. and M.Ed. (both First and Second Year) were held from 15th December, 2017 to 22nd December, 2017.

Ms. R. Suganya, B.Ed. Student (II Year) won the third place in the power point presentation competition, organised by C.S.I. New Begin College of Education, Chennai – 4 on 27th September, 2017.

Ph.D. public viva voce examinations were held for 8 candidates, during the first semester of the academic year 2017-2018, under the guideship of Dr. S. Devasahayam Selvakumar, Dr.(Mrs.) Doreen Gnanam, Dr. (Mrs.) K. SaralaDevi and Dr. S. Mani.

Major. E.S. Daniel Gunanithi, I.A.S. Retd.
President & Treasurer

Rev. Dr. S. Silas Kaliyanadoss,
Vice – President

Rev. Fr. Lourdusamy Susai, sdb
Secretary

Dr. N. Vijayan,
Academic Dean

Dr. S. Devasahayam Selvakumar,
Principal



INDEPENDENCE DAY



Our Staff Dr. (Mrs.) Doreen Gnanam hoisted the National Flag on 71st Independence Day

Special Patriotic Programmes like song, mime, speech, poem, etc., were performed by the students teachers

TEACHERS' DAY CELEBRATION



Our Students performing various programmes, during teachers' day celebration on 5th September, 2017

GUEST LECTURES



Mr. J. Yohan, Hon'ble Member, IQAC of our College delivered an enticing speech on the theme 'How to be an effective teacher?' on 18.09.2017



Prof. Ashtosh Biswal, Professor, Department of Education, The Maharaja Sayajirao University of Baroda, Gujarat – 390002 delivered a lecture on 'Development of thinking' on 8.12.2017

WOMEN'S CELL PROGRAMME



Special lecture on 'Pengal-Andrum, Indrum' by Dr. (Mrs.) Lilly Thiyammani Stuart, Former Principal, Nazareth College of Education for women, Avadi, Chennai-62 on 24.11.2017



Rev. Dr. Augustine Asir, Executive Director, Word for the world, Chennai conducted a special Prayer and Message on the college reopening day on 2nd August, 2017

PARENT TEACHER ASSOCIATION MEETING ON 18th NOVEMBER 2017



Newly elected office bearers of PTA and our College Principal, on the dias.



A view of Parents attending PTA Meeting.

Congratulations to the office bearers of PTA for the academic year 2017-2018

- President** : Mr. Barnabas Osborn Sundar (G/O. Ms. A. Shirley Selva Suganthi)
Correspondent, Good Hope Mat. Hr. Sec. School, Arumbakkam, Chennai.
- Vice President** : Mr. E. Indiran (F/O. Ms. A. Nevejitha)
Proprietor, Logu Tea Shop, Minjur, Chennai.
- Treasurer** : Mrs. J. D. Pearl Poun Selvi (M/O. I. Clement Ponraj)
Correspondent, Jasper Nursery & Primary School, Shenoy Nagar, Chennai.

COLLEGE STUDENTS FELLOWSHIP ON 6th SEPTEMBER, 2017



Dr. N. Vijayan, Dean, Meston College of Education, Chennai – 14 delivered the Inaugural Address in the presence of Major E.S. Daniel Gunanithi I.A.S (R), President, MEDA and Rev.Fr.Lourdusamy Susai SDB, Secretary, MEDA.



Newly elected secretaries for the academic year 2017-2018

Congratulations to the newly elected Secretaries of College Students Fellowship for the academic year 2016-2017

- General Secretary:**
Mr. Clement Ponraj, I (English)
- Asst. General Secretary:**
Ms. Amanda Mary D'Costa (History)

Subject Secretaries

- Biological Science:** Mr. David Sundaram (I Year)
Mr. Karthikeyan, S (II Year)
- English:** Mr. Nikilesh Lingesan (I Year)
Ms. Florence, I (II Year)
- History:** Mrs. Revathi, V (I Year)
Mrs. Kokilavani, G (II Year)
- Mathematics:** Ms. Nevejitha, I (I Year)
Ms. Divya, A (II Year)
- Physical Science:** Mr. Arivuudai Nambi, E (I Year)
Mrs. Suganya, R. (II Year)
- M.Ed. Secretary:** Mr. Remuel (II Year)

PLANTATION OF ORNAMENTAL PLANTS IN FRONT OF JAMES COOLING INDOOR SPORTS FACILITIES BUILDING



Nature Club Members (I Year) of our College planted 20 ornamental plants on 18.11.2017

EXTENSION SERVICES DEPARTMENT



A lecture on 'வினா உரு தயாரித்தல்' for the middle school Tamil teachers on 25th July, 2017 by Dr. P. Rathinasabapathy, Former Professor, IASE, Saidapet and Counsellor, TIERA, Chennai.



Dr. Solomon Arulraj David, Associate Professor, Faculty of Education, The British University in Dubai, delivered a lecture on 'Integrating 21st Century skills in teaching' on 3rd August, 2017.



Mrs. Stella Pauline Punitha, Principal, The Schram Academy, Chennai delivered a lecture on 'Innovative Strategies in teaching Physics' for the high school and higher secondary school science teachers on 28th November, 2017.



Dr. M. Mohammed Ilyas, MD & DPM, Psychiatrist, Government Stanley Medical College and Hospital, Chennai delivered a lecture on 'Anxiety at Workplace' on 13.12.2017 for our B.Ed. and M.Ed. Students.

ADD ON COURSE

Our College offers the following add on courses

- Communicative English
- Life Skills Education
- Parental Counselling
- School Management

CLUBS

The following clubs are functioning in our college effectively

- Nature Club
- Fine Arts Club
- Literary Club
- Electronic Club

Our student participated and won prize in Inter-collegiate competition

- R. Suganya and A. Gayathri of B.Ed. II year, participated in the Power Point Competition, organized by C.S.I Bishop New Bigin College of Education, Chennai – 4, on 27th September, 2017 in which R. Suganya won the Third Place.

SPECIAL VISIT TO OUR COLLEGE



Sri. Y.J. Bhajantri, Smt. B.D. Karadage, Sri. C.S. Hiremath, Sri. B.C. Narayanpur and Smt. B.J. Peerjade from Government College of Teacher Education (CTE), Belagari, Karnataka visited our college on 13th November, 2017.

FOUNDER'S DAY THANKGIVING SERVICE ON 7th DECEMBER 2017



Dr. Gideon Ganesh, Visiting Professor, Department of English, Prof. Dhanapalan College of Arts and Science, Chennai – 603103 shared the God's word. Major E.S. Daniel Gunanithi, I.A.S. (Retd.), President, MEDA and Rev. Fr. Lourdusamy Susai, SDB, Secretary, MEDA graced the occasion.

Our students participated in various competitions.

- K. Vishnu Kumar of B.Ed. I year attended a State level Oratorical competition, organized by Quaid-E-Milleth College, Chennai on 20th September, 2017.
- L.Ayesha Siddiqha Khatoun and N. Caroline Rini Priscilla of B.Ed. I year participated in English Oratorical Competition on 07th October, 2017.
- A group of students attended a seminar cum workshop on "Zumba and Yoga for Wellness" organized by Stella Matutina College of Education, Ashok Nagar, Chennai – 83 on 13th October, 2017.
- Our II Year M.Ed. Students participated in a one day workshop on the theme 'Joyful learning' organized by Nazareth College of Education for Women, Avadi, Chennai – 62 on 30th October, 2017.

Our sincere thanks to all the heads of the following practicing schools for their tremendous support and co-operation during the intensive teaching practice: phase II (from 3rd August to 22nd November, 2017)

1. M.C.C. Hr. Sec. School, Chetpet, Chennai – 34
2. Santhome Hr. Sec. School, Santhome, Chennai – 4
3. St. Peter's Hr. Sec. School, Royapuram, Chennai – 13
4. Muslim Hr. Sec. School, Triplicane, Chennai – 5
5. Wesley Hr. Sec. School, Royapettah, Chennai – 14

CITIZENSHIP TRAINING CAMP FROM 24th TO 28th SEPTEMBER, 2017



Dr. S. Vajravelu, Former Principal, Lakshmi Ammal College of Education, Chengalpet delivered the inaugural address.



Enchanting Lecture on 'Joyful learning' by Mr. T. Baskar, Soft Skill Trainer, Indira Consultant, Chennai – 19 on 25th September, 2017



Delightful Lecture on 'Gender Sensitivity' Ms. Shymala, Counselling Psychologist & Freelance Trainer, Chennai - 5 on 25th September, 2017



Motivational Lecture on 'Analysis of Social Media' by Dr. Devaneyan, Director, Thozhamai Solidarity for Rights, Chennai – 20 on 26th September, 2017



Enlightening Lecture on 'Roof top gardening & Solid waste management', by Mr. Indra Kumar, Exnora Green Pammal, President of Home Exnora, Chennai - 75 on 26th September, 2017



Demo on 'First Aid' by Mr. N. Subramanian, Lecturer in First Aid, St. John's Ambulance Association, Chennai - 94 on 26th September, 2017



Effective Lecture on 'Unavae Marunthu' by Dr. Manikandan, M.D. Siddha, Medical Officer, Central Govt. Health Scheme, Chennai - 78 on 27th September, 2017



Informative Lecture on 'Legal Awareness' by Mrs. Revathi Damodharan, Advocate and Commissioner for Oaths, Chennai - 1 on 27th September, 2017



Campus cleaning by our student teachers during the camp



Physical Jerks and Special games by our prospective teachers during the camp



Special Kit Exhibition by our student teachers during the camp



Camp fire was lightened by Dr. (Mrs.) Doreen Gnanam, Associate Professor in E.M.H. of our college



Welcome dance and Special cultural events by our students during the camp fire.



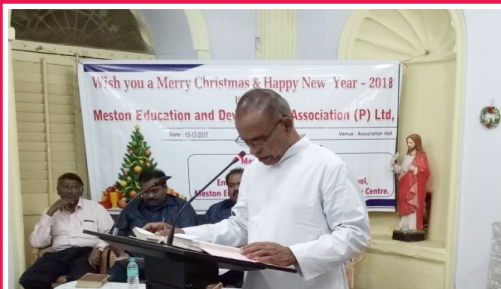
Valedictory Address was delivered by Dr. (Mrs.) Joseph Catherine, Principal, Stella Matutina College of Education, Chennai – 83 on 27th September, 2017



Feedback by students during valedictory programme about camp activities



MESTON EDUCATION AND DEVELOPMENT ASSOCIATION(M.E.D.A.) CHRISTMAS PROGRAMME ON 15th DECEMBER, 2017



Opening Prayer by Rev. Fr. Lourdasamy Susai, SDB, Secretary, M.E.D.A., Welcome Address by Major. E.S. Daniel Gunanidhi, I.A.S. (Retd.) President, M.E.D.A. and Rev. Dr. A. Athisaraj & Bishop Dr. A. Nithiyaraj, Jesus Comforts You Ministries shared the Lord's Message during Christmas Celebration.



Our Meston staff performed a special number

PH.D. PUBLIC VIVA VOCE DURING THE FIRST SEMESTER OF THE ACADEMIC YEAR 2017 - 2018



Mrs. S. Prema, under the guideship of Dr. (Mrs.) Doreen Gnanam on the theme 'Professional involvement of teachers in relation to teacher leadership behaviour and job satisfaction' held on 09.06.2017



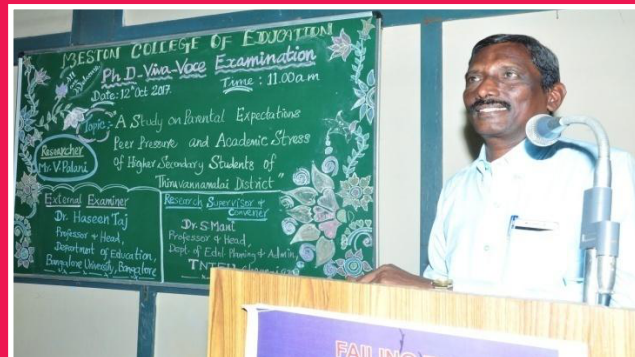
Mrs. K. Geetha, under the guideship of Dr. S. Devasahayam selvakumar on the theme 'Achievement in Economics of higher secondary students in relation to academic stress, classroom climate and self confidence' held on 14.07.2017



Mr. G. Parthiban, under the guideship of Dr. (Mrs.) Doreen Gnanam on the theme 'Aggression among higher secondary school students in relation to frustration, emotional maturity and peer relation in vellore district' held on 15.09.2017



Mrs. H. Emilda Josephine, under the guideship of Dr. S. Devasahayam selvakumar on the theme 'Brain dominance, English language proficiency, allocentrism: A traid for enhancing the life skills of college students' held on 19.09.2017



Mr. V. Palani, under the guideship of Dr. S. Mani on the theme 'A study on parental expectations, peer pressure and academic stress of higher secondary students of Thiruvannamalai district' held on 12.10.2017



Mr. R. Appadurai, under the guideship of Dr. (Mrs.) K. Saraladevi on the theme 'Factors related to teacher efficacy' held on 25.10.2017



Mr. M. Murali, under the guideship of Dr. (Mrs.) Doreen Gnanam on the theme 'Burnout of school teachers in relation to occupational stress and job involvement' held on 13.11.2017



Mrs. V. Nalini, under the guideship of Dr. S. Devasahayam Selvakumar on the theme 'Impact of child abuse on mental health, emotional maturity and personality characteristics among middle school students' held on 08.12.2017

EVENTS TO COME.....

- Christmas Celebration on 23rd December, 2017
- Teaching Practice – Phase I (Observation)
- Educational Tour to Mysore and Bangalore from 19th to 23rd February, 2018
- Department Association Meetings
- UGC Sponsored National Seminar on 'Educational Neuro science'
- Inter-Collegiate cultural competition on the eve of Women's Day
- Field Visits / Sports Day / Graduation Day / College Day
- B.Ed. Practical Examinations
- M.Ed Viva Voce Examinations

STAFF CREDENTIALS

- Dr. K. Saraladevi, Associate Professor in Physical Science and Mr. D. Arnold Robinson, Assistant Professor of Biological Science presented papers in STAR 2017, held at Hong Kong from 05th July, 2017 to 07th July, 2017 on the topic 'CBT on Anterior and Posterior Regions of the Brain among Test Anxious Students' and 'Attribution Styles and Psychological well Being among Higher Secondary Students' respectively.
- Mrs. G. Jemima and Dr. (Miss). L. Annie Kavitha participated in the 08th International Symposium organized by The Schram Academy, Chennai on 18th & 19th August, 2017.
- Dr. P. Eugene Michael and Mrs. C. Jeba Evangeline attended a training programme on Educational Technology organized by St. Christopher's College of Education sponsored by United Board of Christian Higher Education from 11th to 13th October, 2017.
- Mr. J. Antoni Santha Seelan acted as Judge for Science Project Day 2017 held in Madras Christian College Higher Secondary School, Chetpet, Chennai-31 on 13th October, 2017.
- Mrs. G. Jemima and Dr. (Mrs.) A. Jeyantha Mary participated in a one day workshop on the theme 'Joyful learning' organized by Nazareth College of Education for Women, Avadi, Chennai – 62 on 30th October, 2017.
- Mrs. R. Sophia participated in a special lecture cum discussion on 'Innovative Public Library Services' organized by Anna Centenary Library (ALC) and SALIS on 28th November, 2017.
- Mrs. C. Jeba Evangeline and Dr. (Mrs.) A. Jeyantha Mary presented a paper, during the International Conference on "School Boards and Teacher Education" held at N.K.T. College of Education for Women, Chennai – 600 005 on 08th and 09th December, 2017.

Chief Editor: Dr. S. Devasahayam Selvakumar, Principal

Editors: Mrs. G. Jemima, Co-ordinator- Extension Services Department cum Assistant Professor
Mr. J. Antoni Santha Seelan, Assistant Professor of Education

Kindly send your feedback to:

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